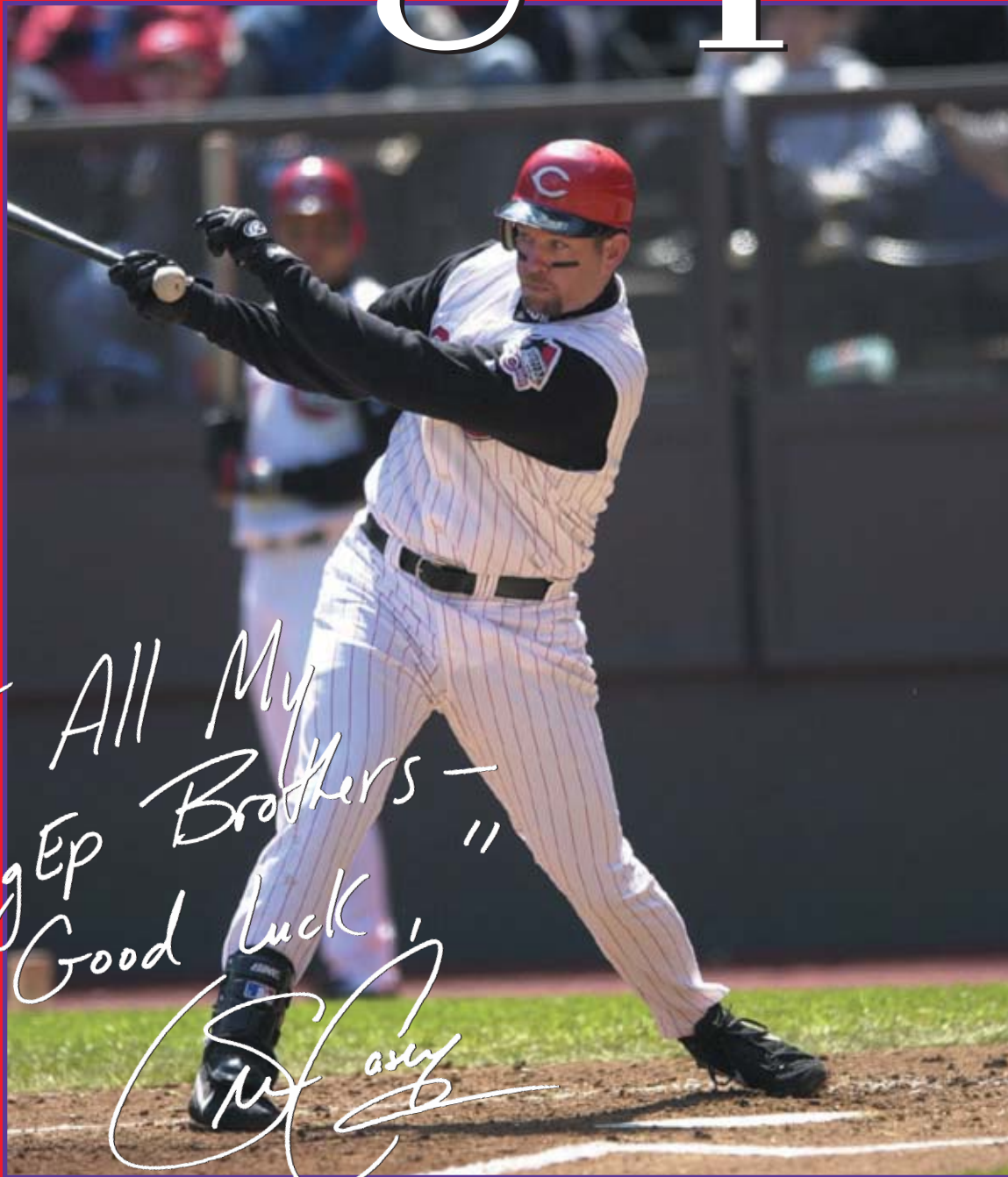


SigEp



Sean T. Casey, Richmond '96
Cincinnati Reds First Baseman



Grand President Edward H. Hammond, Emporia State University '66, lives with his wife, Vivian, in Hays, Kansas, where he is the president of Fort Hays State University. Before being elected Grand President at the 2001 Grand Chapter Conclave, Brother Hammond served as Grand Secretary on the National Board of Directors for eight years and as a board member for 12 years.

Letter from the Grand President

Dear Brothers and Friends of SigEp,

The upcoming school year has SigEp poised for success. In June, the Ruck Leadership Institute brought 60 undergraduates from across the country to Richmond, Virginia, where they learned how to apply the Balanced Man Ideal (p. 22). Along with a challenging curriculum, participants attended a Shakespeare play, exercised their sound body, and made lasting relationships with other undergraduate brothers. Today, these men are empowered agents of change who will work to shape their chapters.

The Quest to Greece concluded in June as well. **It has provided us with some incredible stories (p. 24) including performing the Ritual at the Eleusis.** Through these and other shared experiences, these participants saw how the Balanced Man Ideal is not a catchy slogan. Rather, the Balanced Man is a timeless expression of the life lessons perfected in ancient Greece, and these participants are able to articulate this important message. It will be exciting to track our progress over the course of the year, culminating in our 48th Grand Chapter Conclave in San Antonio, Texas, August 13-17, 2003.

These programs are funded in large part by the Sigma Phi Epsilon Educational Foundation. Without Foundation funding the Fraternity would be hard pressed to execute these very special leadership training opportunities. The differentiation these programs offer the Sigma Phi Epsilon experience would be lost. My special thanks to all of our alumni, parents and friends who invest in the Sigma Phi Epsilon experience with their gifts to the Sigma Phi Epsilon Educational Foundation. Your gifts do make a difference.

In this issue of *The Journal* we focus on the how-to behind the successful stories of our undergraduate chapters. This will help illustrate how our best chapters are able to

get into the Phi Beta Kappa Wheelhouse, recruit the best men on campus, and exemplify the Balanced Man Ideal. Look for ideas that can work at your own chapter or one you volunteer with.

There are stories of how chapters are benchmarking their success versus other SigEp chapters instead of the other fraternities on campus. Washington in St. Louis is proud of the fact that they have one of the highest SigEp grade point average out of 259 chapters. The more chapters that adopt this practice, the higher we raise the bar of excellence and soon we will have chapters with better than a 3.5 GPA with 90 members that live and learn alongside faculty.

We are also dedicating space in *The Journal* to educate you about the rising trend of obesity in today's youth and how SigEp can help its members reverse this with the Balanced Man Ideal. SigEp provides its undergraduates and alumni the opportunity to live the best life by building a Sound Mind in a Sound Body.

SigEp athletes are the highlight of this issue's tribute to 100 years of leadership. There are remarkable stories of how our Fraternity has shaped the sports world. It is with this exciting past in mind, that we look ahead to the 2004 Summer Olympics in Athens, Greece. This will be a special one for SigEp as we continue to adhere to our message of Sound Mind and Sound Body. We have an opportunity for SigEp athletes to show the world how we are fanatical and successful with the Balanced Man Ideal—something our Quest to Greece participants already know. SigEp has a couple of athletes preparing to represent the country in their respective sports. We have shown our peers in the fraternity world that we are the innovators; let's show the world.

Sincerely yours,

Edward H. Hammond
Grand President

The Journal of Sigma Phi Epsilon

Fall Issue • Volume 100, Number 3 • www.sigep.org

ON THE COVER: Cincinnati Reds first baseman Sean T. Casey. See page 8 for details.

The Journal

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Missouri '37

Jason B. Conn

Cornell '03

Jonathan A. Holland

George Washington '02

Daniel C. Lill

New Mexico '65

R. Duff Lill

New Mexico '04

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John A. Schuyler

Residential Life

Matthew W. Engelhardt

Resource Development

Erin D. Mullally

Substance Abuse Education

Jason C. Daunis

Technology

P. Sean Leahey

Get Published!

The Journal accepts submissions year-round. If you have any news, letters or photos, please send them to: *The Journal*, P.O. Box 1901, Richmond, Virginia 23218 or journal@sigep.net.

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SigEp athletes play major roles in nearly every sport



- 27 Rising Obesity:
How SigEp can help you live your best life



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Next Issue



100 Years of Leadership: SigEps in Business

In our next issue of *The Journal*, we will continue our five-part series on 100 Years of Leadership. The focus will be on SigEps in business, including Mattel CEO Robert A. Eckert, Arizona '76.

“The Wreath or Death,” Ancient Greeks Defining Sound Body



Jason B. Conn, Cornell '03, is the IFC President at Cornell and was a recipient of a 2002 Educational Foundation Scholarship for The Balanced Man Quest to Greece.

The desire to have a “sound body” is embedded deep in Greek culture. There is no sanctuary that better exhibits this aspect of Greek life, then the sanctuary and competitive grounds at Olympia. Every four years from about 776 BC to the 4th century AD, Greeks gathered at Olympia to partake in the Olympic games.

Olympia was just one of four sites at which athletic competition on a national level occurred; however, there are some unique aspects of the site at Olympia that make it stand out in my mind as the best representation of the Sigma Phi Epsilon “sound body” ideal.

Olympia was the site of Olympic competition for over 1000 years. During this time, historians know that Greeks competed in equestrian, long-distance running, the pentathlon, the long jump, chariot races, discus, javelin, pancratium, wrestling, and jumping with weights. This diverse and difficult collection of athletic activities represents just some of the physical events in which Greeks participated.

The winners of these competitions would be treated like heroes, and were held in the highest esteem by the Greek citizens. This is similar to the way that we idolize professional athletes and modern Olympians and model our physical fitness programs after those of our heroes.

Olympia and the Olympic games themselves were a part of one of the most important religious festivals in ancient Greece. The games were put on for Zeus, who was thought to be an admirer of fierce athletic competition. It was at Olympia that the Greeks built an enormous temple to Zeus. Inside the temple was a statue of Zeus that is now considered one of the ancient “wonders of the world.” The statue is no longer there, but the barrels of the toppled columns provide a vivid testimony to the size and stature of the temple. The temple was one of the crowning achievements of ancient Greece, and it is appropriate it lay at a site that is and was so closely associated with athletic and physical activity.

The Sigma Phi Epsilon ideal of “sound body” is also exemplified in the Greek motto: “The Wreath or Death.” In Sigma Phi Epsilon we are taught to strive for excellence in all areas of our collegiate lives. The high importance that we give to winning and succeeding in athletic competition was shared by the Greeks who only rewarded the winner (with a wreath) of the competition. The site at Olympia is a testament to the importance of having a sound body.

Please refer to page 24 for an in-depth article on the 2002 Quest to Greece.

Getting to Know my Dad, the SigEp



Daniel C. Lill, New Mexico '65, is an attorney and lives in Albuquerque. His son, **R. Duff Lill, New Mexico '04,** joined the New Mexico Alpha chapter 40 years after Daniel. Duff is Vice President of Finance.

“It is not always easy for me to share or relate to my father however through Sigma Phi Epsilon we have been given an additional common bond. I enjoy when he attends events held by the chapter. I hope he continues to stay involved. I am very proud of my father and his accomplishments. It is good to know that now he can share his experience in life with me, and with the rest of our brothers.”

R. Duff Lill, New Mexico '04

According to the record books and the certificate still hangs on my library wall, I was initiated into the New Mexico Alpha Chapter of Sigma Phi Epsilon on February 17, 1964. However, the real story did not begin on that date; in reality, it began a year prior to my official initiation.

I had looked at other fraternities, but I never felt I wanted to join a fraternity that stressed drinking and wild conduct versus a group of young men who had set goals to

succeed in life as well as to help their surrounding community.

Those fellow members not only excelled at the University of New Mexico, but went on to become respected members of the community. I was more than proud when my son, R. Duff Lill joined my fraternity and became a respected member of the chapter and an involved member of the Albuquerque community. Whether it involved hosting charitable golf tournaments, honoring those who passed away the Bataan Death March (p. 32), or working to raise funds for charity, he and fellow members of the New Mexico Alpha Chapter are working to sustain the same respect and honor that drew me to the fraternity almost 40 years ago.

I continue to be a proud member of Sigma Phi Epsilon and am prouder still that I can call Duff both son and brother.

Please refer to page 21 for an in-depth article on father and son relationships.

Illinois SigEps Stand Out on Campus

As a member of a sorority at the University of Illinois, which has the largest Greek system in the country, I must tell you about the wonderful job SigEp is doing on campus. **Christopher S. Dillion, '03**, is the vice president of the Illinois Student Government (at a school of 36,000, this is no small feat), and this is only the beginning of the great leadership these men show. Your Balanced Man Ideal is obviously working, because the SigEps are complete gentlemen. Sororities are fighting to have events with them. They have had the highest Greek GPA on campus for five semesters. We go to a very tough school with a lot of competition within the Greek system. They work very hard and have gotten recognition they deserve.

Also worth noting, is the SigEps show compassion and understanding. A woman visited campus speaking about her daughter's acquaintance rape and the aftermath. Nearly every sorority on campus was there, but I noticed a lack of presence by fraternity men. However, SigEp was well represented.

In a meeting with two university administrators both noted SigEp is our "dream fraternity." Your members are doing amazing things that other chapters should follow. SigEp continues to be a valuable part of our Greek system.

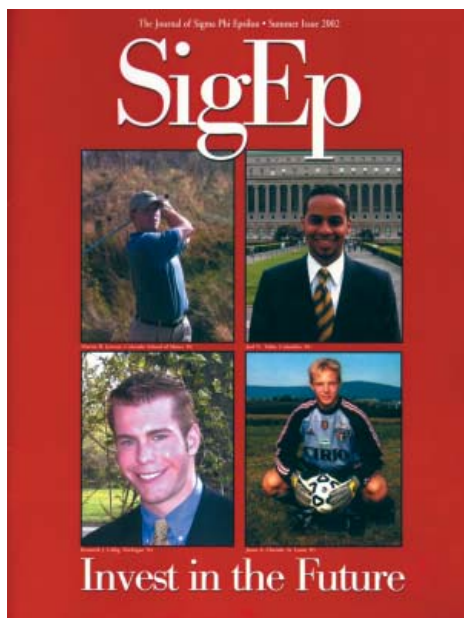
Sincerely,
Katie Rooney

Governor Love Correction

There was a factual error in the last issue of *The Journal* that should be corrected.

Former Governor John Love did not lose his reelection campaign in 1973. He resigned the Governorship to join Richard Nixon's Cabinet as the first "Energy Czar." The Energy Czar was the head of the newly established Department of Energy, which was formed as a result of the oil shortage in 1973. Love didn't like Washington life, and returned to Colorado to become an elder statesman and private businessman. His daughter, Rebecca, is currently on the Colorado Supreme Court. His son Andy, a former pilot in

the Colorado Air National Guard, ran an unsuccessful Republican primary campaign to become Governor in the late 1980's. John Love was a great statesman, and respected by all who knew him.



Best regards,
Stephen R. Mueller, P.E.
Colorado '78

Backing the Balanced Man

I am pleased to support the Sigma Phi Epsilon Educational Foundation because SigEp is at the forefront of working to eliminate traditional 'bad rap' fraternity practices such as hazing and excessive drinking.

The solid SigEp Balanced Man Ideal sets a fine example for any organization. Integration and balance of physical, intellectual, emotional, and spiritual aspects of self are essential for good health and good service.

My hope is that all of our chapters even the whole Greek community will eventually enhance the values promoted by Sigma Phi Epsilon.

I am, and will continue to be, a supporter."

Fraternally,
Ralph Erchinger,
Miami (Ohio) '53

CORRECTIONS

In the Sigma Phi Epsilon Educational Foundation Thank-You to Donors in the last issue of *The Journal* an important donor was omitted because of a software deficiency. We apologize and want to offer special appreciation to:

Paul T. Steffens, Thiel '70 (Pennsylvania Nu), member of the Sigma Phi Epsilon Educational Foundation Board of Governors and the **Brothers of the Heart** cumulative giving club (lifetime gifts of \$25,000-\$49,000).

David W. Detjen, Washington in St. Louis '70 (Missouri Beta), was inaccurately listed as graduating from Washington.

Chapter Installations

THE GROWTH OF EXCELLENCE

Maine Alpha Recharters – May 4, 2002

Today, Maine Alpha is the top fraternity at the University of Maine and one of the dominant chapters in the northeast. Chapter members have set their collective sights on becoming the top fraternity chapter (of any affiliation) in North America.

The Chapter and Its History

After nearly 50 years, Maine Alpha lost its charter due to continuous violations of risk management policies. Now, this chapter with a rich history is back and leading the campus “with soul.”

At the time of installation, the chapter was the second largest fraternity on campus with 43 men and first in academics with a 3.17 GPA, *nearly a full half-point above the all-student average.*

Living the Balanced Man Ideal

The chapter holds regular forums with university faculty and professors. Recently, the chapter held a discussion with professor Jim Roscoe. He spoke about leadership and how it pertains to individuals and groups. Chapter members also set GPA goals at the beginning of each semester as individuals and as a chapter.

University of Maine SigEps have worked hard to incorporate the development of sound bodies in all chapter activities. The chapter actively recruits varsity scholar athletes,

and educates members on life skill-building practices to promote healthy bodies long-term. Thirty-one of the 43 members are members and leaders of other campus honor societies and organizations.

Volunteer Support

Alumni & Volunteer Corporation (A & VC) members for

the chapter include long-time housing advisors, a trustee of the National Housing Corporation, graduate students, and two university faculty members.

Benjamin E. Haskell, Maine '67, and **Fred E. Stoddard, Maine, '63**, have been members of the housing corporation for many years, and operated the chapter home while the chapter was dormant, leasing it to the University of Maine Public Safety. **Shawn McKenna, Maine '77** is

working on a capital campaign to improve the chapter home over the next seven years.

The Chapter House

With assistance from the A & VC and SigEp National Housing Corporation, the chapter moved back into the chapter house. The A & VC owns the facility and plans to make it rival other on-campus housing.

The chapter has recruited two faculty members, Shelia Pechinski, Professor of Accounting and Raphael

Diluzio, Professor of New Media, to serve the chapter as Faculty Fellows. They have regular office hours in the chapter home. The chapter also installed high-speed Internet access to all rooms, a library, and a weight room. Chapter members voted to live in the only substance free chapter house on campus. The chapter is currently applying to be recognized as a Sigma Phi Epsilon Residential Learning Community.

The Campus Environment

The University of Maine boasts a student population of over 8,600 undergraduate students, about 12% of whom are members of the Greek community.

University President Peter Hoff offered his support of the chapter “unequivocally,” stating the chapter’s commitment to the Balanced Man Ideal has created a “philosophical grounding that has allowed the chapter to develop strength and character.”

BY THE NUMBERS

GPA: **3.17**

Originally Chartered: **1948**

Charter Removed: **1994**

Total Life Members: **927**

Current Undergraduate Membership: **43**



The newly reinstalled Maine Alpha proudly display their charter and chapter flag.



Left to right: National Director The Honorable Archer L. Yeatts III, Richmond '64, Matthew C. Rodrigue, Maine '04, Theodore L. Pietz, Maine '03, Dr. Richard Chapman, VP of Student Affairs, Oscar H. Sparrow, Maine '03, A&VC President Benjamin E. Haskell, Maine '67.

Red Door Notes

CHAPTER HOUSE PROFILES



The tradition of the red door on Sigma Phi Epsilon chapter houses began on the campus of Syracuse University, New York Alpha in 1928. Today, nearly every Sigma Phi Epsilon chapter home has a red door to welcome SigEp brothers. The original house and red door is pictured to the right. This building is now the International Students Center, and Sigma Phi Epsilon has another magnificent home for its red door.



University of Arizona / Arizona Beta

- This 40 year-old structure has an occupancy of 45 and is undergoing renovations to the bedroom and common areas. The Alumni and Volunteer Corporation is upgrading to include high-speed Internet.
- There is a courtyard adjacent to the full-length basketball court, and it is a popular place to socialize.



University of North Dakota / North Dakota Alpha

- The Alumni and Volunteer Corporation recently converted the house into a Residential Learning Community that includes office space for their Faculty Fellow, a computer lab, 24-hour study room, and a conference room with audio and visual capabilities.
- The chapter has occupied the facility since 1995.



Indiana University / Indiana Beta

- The chapter house was built in 1956. With 98 beds the facility has the second largest occupancy of all SigEp properties.
- A full-length basketball court is located behind the chapter house.



Washington University in St. Louis / Missouri Beta

- The facility was built in 2001, just in time for the fall semester.
- The capacity for the chapter house is 50 with 25 suites.
- There is a kitchen, multipurpose room, and chapter room located in the basement.

“Expand Now, Compete Later...” The Texas A&M Story

Real estate is often a tricky business, and timing is everything. Thanks to some first rate planning by the chapter's volunteer board, the brothers of Texas Mu are poised to moving into a chapter house that may well be the envy of Texas A&M University's Greek letter community. The chapter began to outgrow its current facility, purchased in 1983, and was looking to expand. Unfortunately, College Station, Texas has stringent zoning laws and only allows fraternity houses on land specifically zoned for such use. The original property was outside the city



The new chapter house at Texas A&M will be one of the most competitive facilities on campus. It has basketball and tennis courts, and study areas.

limits, but the city annexed the land, allowed the existing chapter house to remain under a grandfather clause, and zoned the property commercial/research, effectively preventing any expansion by the chapter on the current site. Seeing their options severely limited by the city's decision, the volunteer board's Housing Committee began searching for a new home for Texas Mu two years ago.

The new property is economical and expansive. For a purchase price of \$550,000, the chapter has acquired 7.518 acres that will provide a 29-bed facility once improvements are completed for the fall 2002. With three buildings; adequate parking for 100 cars; space for a Resident Scholar; volleyball, basketball and tennis courts; study areas; a dining hall and kitchen; and an alumni room, the new chapter house has a campus like setting and is bursting with amenities. Texas Mu's new facility will be an ideal home for undergraduate members and a popular destination for alumni and volunteers.

The Texas Mu volunteer board's efforts on this project could serve as a useful guide to other chapters in the market for a new house or, like Texas Mu, ready for an upgrade. By looking just outside the city limits, the board avoids the restrictive zoning regulations imposed by College Station. Luckily, the incorporated area of the city is small, and living a quarter mile beyond the city line is no great hardship. The property does need some improvements; including backfilling an existing swimming pool and converting it to a decked area and

constructing a free-standing apartment building to house 16 brother in eight double rooms.

Financing such a large project is never easy, but Texas Mu will use its current facility to its advantage. The existing property has an appraised value of \$200,000 and can be immediately leased to another fraternity pending liquidation. This will provide a steady revenue stream prior to the sale of the property, which will eventually pay for nearly half of the purchase costs of the new facility. With the total projected cost of the acquisition of the property and construction of necessary additions reaching \$800,000, the volunteer board received financing from Compass Bank in College Station for \$568,000. The National Housing Corporation contributed \$225,000 as a bridge loan between the purchase of the new property and sale of the current facility. Once the current house is liquidated the NHC debt will be retired. This plan allowed construction to begin on the additions and upgrades after the new property was purchased.

Why go to all this trouble upgrading chapter facilities? Why spend so much money when the chapter already has a house? The short answer is so that Texas Mu can remain one of the best chapters at Texas A&M, and one of the best SigEp chapters in the country. The campus conventional wisdom says Texas Mu needs to expand now to compete later. The University has no plans to provide significant on-campus housing, and other chapters have acquired off-campus facilities similar to the property Texas Mu will soon occupy. The chapter members have distinguished themselves on campus and nationally, and many think they have earned a new facility. With the top grade point average on campus during the 2000-2001 academic year and three Greek Week Awards, the Aggie community knows the SigEp's are the elite of the Greek community. In August 2001, Texas Mu took home a Buchanan Cup from the Centennial Conclave. With the undergraduate members working so hard to live up to their promise, the volunteer board joined in the effort to acquire a fantastic chapter facility, an effort that appears to have paid off.

by Jonathan A. Holland, George Washington '02

The Sigma Phi Epsilon Educational Foundation

Tile Program

The Past

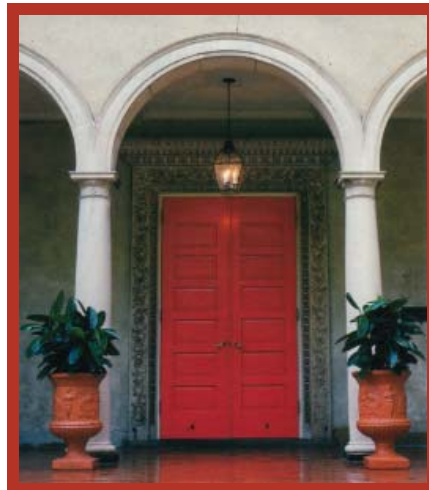
Ever since the first chapter of Sigma Phi Epsilon met in an unheated room in the tower of Ryland Hall at Richmond College, the members of Sigma Phi Epsilon have dreamed of establishing a home of substance and beauty.

In 1990, that dream came true when Sigma Phi Epsilon dedicated Zollinger House in honor of Past Grand President, Foundation Chairman, and Order of the Golden Heart, **J. Edward Zollinger, William & Mary '27**. "Zolly," as he was fondly known, when asked why he dedicated himself to the Fraternity, would say "It's the only way I know to change the world."

The Present

Zollinger House houses the offices of Sigma Phi Epsilon and the Sigma Phi Epsilon Educational Foundation as well as the Fraternity's archives and membership records. It is a grand and fitting home for our great brotherhood and is continually being updated and improved.

In 1914 when Zollinger House was built, the Grand Front and South Plaza were adorned with over 1700 Italian tiles. Over the years these tiles deteriorated and a concrete foundation was laid. The Sigma Phi Epsilon Educational Foundation is working to restore these areas to their original



grandeur. Your gift of a tile will make this possible while at the same time increasing the Foundation's resources to support Sigma Phi Epsilon leadership programs – programs that will benefit all chapters and empower our Brothers to change the world as Brother Zollinger envisioned.

Each new tile is engraved – personalized – to add in perpetuity a message of your choice: to honor a Brother, a chapter, or yourself and your Sigma Phi Epsilon experience.

There are two ways to make your gift for **The Sigma Phi Epsilon Educational Foundation Tile Program**.

All proceeds will help fund leadership programs that benefit all chapters.

- For a gift of \$150.00 your personalized tile will be prepared and laid on the Zollinger House portico. You will receive a thank you letter and a tax receipt for \$150.00
- A custom, framed rendition of your personalized tile is available for an additional \$50, which may be sent to you or the person you are honoring.

The Future

There is still room for an additional 350 tiles on the Zollinger House plazas. The first 250 tile gifts will provide for a personalized tile on the Grand Front Plaza. In addition there are 100 tiles available for the South Plaza that lies through the beautiful Italian doors of the Zollinger House library. The tiled plazas are proudly displayed and a point of interest on all Zollinger House tours for visitors.

The members of Sigma Phi Epsilon share a rich heritage. **The Sigma Phi Epsilon Educational Foundation Tile Program** is a way for you to invest in the future of our undergraduate Brothers and leave a tangible reminder of your SigEp experience at Zollinger House.



ORDER FORM

(Use the enclosed envelope to send your order)

Full Name _____

Address _____

City _____ State _____ Zip _____

Tile Engraving You can have one or two lines, twenty characters/spaces per line. Print in upper case block letters, one character per interval leaving spaces blank.

First Tile

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Amount Enclosed _____ (\$150 per tile, \$200 includes framed rendition)

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Full Name _____

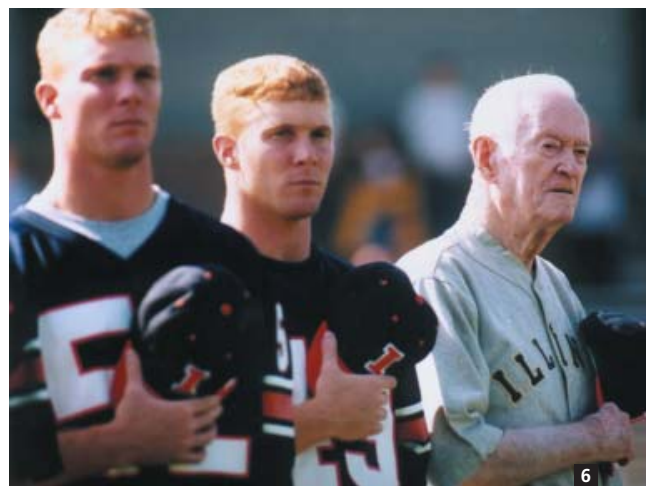
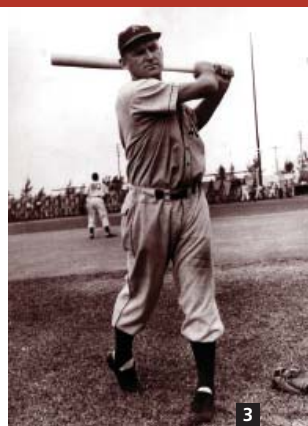
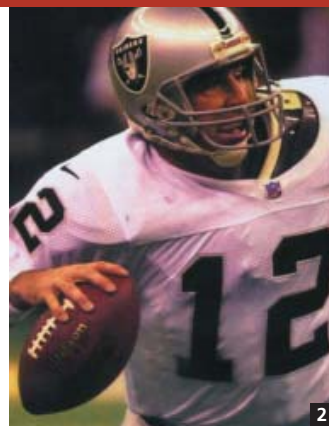
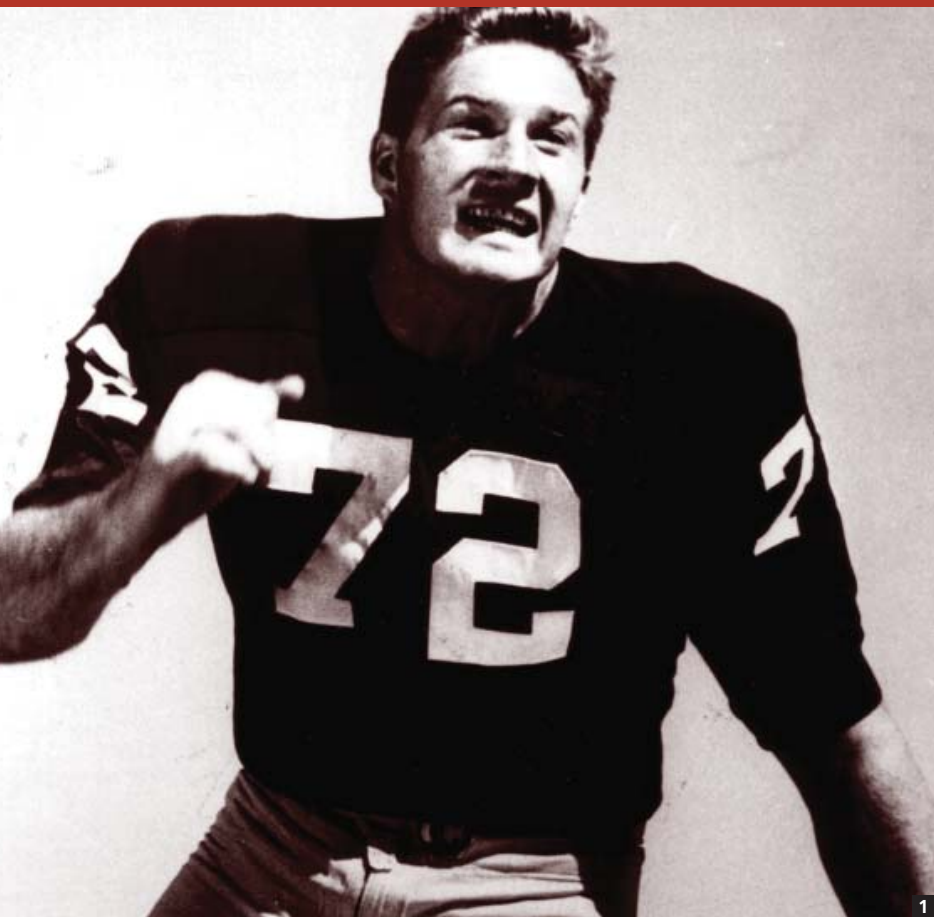
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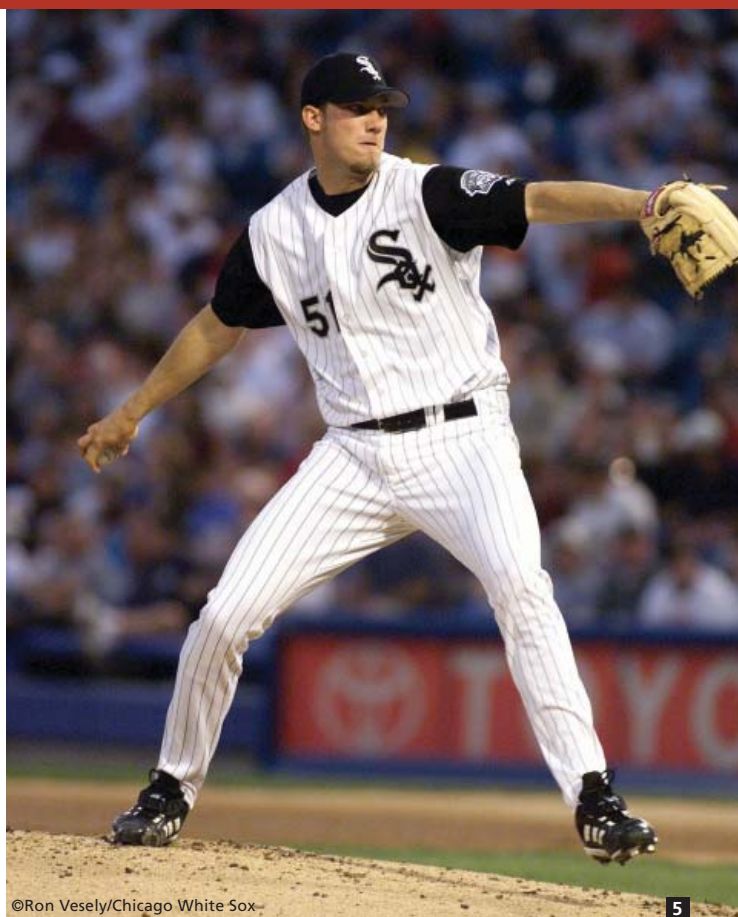
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SigEp athletes play major roles in nearly every sport



SigEp Athletes 100

IN OUR CONTINUING SERIES on 100 years of Leadership, we focus on the Fraternity's outstanding athletes, coaches and administrators. SigEps have played major roles in nearly every sport since the early 1900s and have starred in such events as the Super Bowl, World Series and Olympics.



years of leadership

By Robert W. Broeg, Missouri '37 with Jay Langhammer

The success of a fraternity is measured by the men it produces. On the occasion of Sigma Phi Epsilon's Centennial, we look back, in this five-part series, on 100 brothers from those 100 years whose contributions to the world's communities especially stand out. In Part I, longtime ABC network television newsmen and former National Director **Gary Shepard, Boston '61**, wrote about many of SigEp's governmental, military and community leaders. In Part II Past Grand President and University of Cincinnati emeritus professor **R. Eric Weise, Cincinnati '54**, examined SigEp's leadership in the life of the mind—*Inventors, Scholars and Academic Leaders*.

www.sigep.org

1. Robert L. "Bob" Lilly, TCU '61
2. Richard J. "Rich" Gannon, Delaware '87
3. Samuel B. "Sam" Chapman, California-Berkeley '38
4. Lloyd E. "Gene" Keady, Kansas State '58
5. Jon E. Rauch, Morehead State '00
6. Almost 70 years later, Max N. Pike, Illinois '31, attended the Illinois Alumni Game in 1998
7. Orel L. Hershisier, Bowling Green '80
8. Davey O'Brien, TCU '39, SigEp's Heisman Trophy winner

In this issue retired Pulitzer Prize winning St. Louis Post-Dispatch sports editor **Robert W. Broeg, Missouri '37**, tackles the sound body component of the Balanced Man Ideal – SigEps who dominated athletics, as students, alumni, amateurs or professionals.

Football

Thousands of brothers have lettered for their schools, and more than 125 men have played pro football. SigEp's only Heisman Trophy winner, **Davey O'Brien, TCU '39**, won the college game's biggest prize in 1938. He was also an All-NFL



Kyle D. Richardson, Arkansas State '96, punts for the Baltimore Ravens.

quarterback as a rookie with the Philadelphia Eagles in 1939, throwing for 1,324 yards, and was on the All-NFL second team in 1940. In his final NFL game, he hit a league record 33 of 60 passes against the Redskins. His passing attempts total was not bested until 1964.

The Pro Football Hall of Fame includes two SigEps in its membership. Defensive end **Douglas L. Atkins, Tennessee '53**, played 17 seasons with the Cleveland Browns, Chicago Bears and New Orleans Saints. He was All-NFL three times, played in eight Pro Bowls and won the 1969 Vince Lombardi Dedication Award. Dallas Cowboys defensive tackle **Robert L. Lilly, TCU '61**,

earned All-NFL selection six times and went to 11 Pro Bowls in 14 seasons. Elected to the Canadian Football Hall of Fame in 1976 was tackle **John B. Barrow, Florida '57**, who played 14 seasons with the Hamilton Tiger-Cats. He earned All-CFL honors 16 times (winning honors on both offense and defense four different years) and played in nine Grey Cup championship games. Fullback **Paul T. Rowe, Oregon '40**, is a member of both the Canadian Football Hall of Fame and Canada's Sports Hall of Fame. He played 12 seasons with the Calgary Stampeders and was All-Western five times.

The Fraternity claims many other great leaders in the pro football ranks. Oakland Raiders quarter-back **Richard J.**

Gannon, Delaware '87, has twice been MVP of the Pro Bowl and is now in his 14th NFL season. Just before 2002 training camp began, the Raiders signed him to a six-year contract extension. Pro football running backs of note include Minnesota Vikings fullback (and Rich Gannon's father-in-law) **William D. "Wild Bill" Brown, Illinois '61**, who rushed for 5,838 yards and played in four Pro Bowls over 14 seasons; halfback **Billy R. Barnes, Wake Forest '57**, who ran for 3,421 career yards, was on the Eagles' 1960 NFL title team and played in two Pro Bowls during nine seasons; five-time All-NFL halfback **Verne C. Lewelln, Nebraska '27**; of the Green Bay Packers; and **Frank R. Ziegler, Georgia Tech '49**, who spent five seasons with the Eagles.

The Fraternity's offensive line leaders have been plentiful. Tackle **Douglas C.**

Crusan, Jr., Indiana '68, spent seven seasons with the Miami Dolphins, played in two Super Bowls and was a starter on the Dolphins' 1973 undefeated squad. Completing his 10th season with the Buffalo Bills in 2001 was tackle **John J. Fina, Arizona '91**, a former first-round draft pick. Tackle **Stewart C. Barber, Penn State '61**, was with the Bills for nine years, earned All-AFL honors five times and played in five AFL All-Star Games.

Playing in three Super Bowls for the Denver Broncos was nine-year guard **Keith B. Bishop, Baylor '80**. Guard-center **Wyatte J. Copeland, Virginia '67**, played eight seasons with the Cleveland Browns and is now athletic director at SMU. Earning All-NFL honors in each of his three pro years was center **Clyde W. Smith, Missouri '25** while center **Edward J. Kawal, Illinois '32**, gained All-NFL second team honors twice in five seasons with the Bears.

Defensive stars are also in abundance and three still merit consideration for the Pro Football Hall of Fame. **Robert**

Gain, Kentucky '52, played in five Pro Bowls and 125 games during 12 years with the Cleveland Browns. He earned All-NFL honors nine times and played in five NFL title games. Middle guard-line-backer **Dale F. Dodrill, Colorado State '52**, earned All-NFL honors six times and played in

four Pro Bowls during nine years with the Pittsburgh Steelers. Safety **Johnny N. Robinson, Baker '71**, intercepted 57 passes for 741 yards during a 12-year career with the Dallas Texans and Kansas City Chiefs. He was All-AFL five times and is a member of the All-Time All-AFL Team.



Edward J. Kawal, Illinois '32

NFL Pro Bowl SigEps

Douglas L. Atkins, Tennessee '53
Chicago Bears

Billy R. Barnes, Wake Forest '57
Philadelphia Eagles

William D. "Wild Bill" Brown, Illinois '61
Minnesota Vikings

Dale F. Dodrill, Colorado State '52
Pittsburgh Steelers

Robert Gain, Kentucky '52
Cleveland Browns

Richard J. Gannon, Delaware '87
Oakland Raiders

Lester J. Hoerner, Iowa '49
Los Angeles Rams

David M. Krieg, Washington '80
Seattle Seahawks

Robert L. Lilly, TCU '61
Dallas Cowboys
William V. McElroy, Baylor '82
Los Angeles Raiders

Robert B. Rowe, Western Michigan '67
St. Louis Cardinals

Joseph C. Rutgens, Illinois '63
Washington Redskins

Leo T. Sugar, Purdue '52
Chicago Cardinals

John E. Williams, USC '51
Washington Redskins

National Football Foundation College Hall of Fame SigEps

Douglas L. Atkins,
Tennessee '53

Harrold E. Burry,
Westminster '35

Sam B. Chapman,
California-Berkeley '38

Robert Gain,
Kentucky '52

Robert L. Lilly,
TCU '61

John F. Maulbetsch,
Michigan '17

Dale H. Vansickel,
Florida '30

End **Leo T. Sugar, Purdue '52**, played nine pro years and was in two Pro Bowls. Tackle **Joseph C. Rutgens, Illinois '63**, played in two Pro Bowls during nine years with the Washington Redskins. Linebacker **Peter J. Wysocki, Western Michigan '69**, won All-EFC honors in Canada then spent six years as a stellar special team player for the Redskins.

In nine years with the Raiders (1982-90) and Seahawks (1990), safety **William V. McElroy, Baylor '82**, intercepted 31 passes for 296 yards, earned All-NFL honors four times and played in two Pro Bowls.

End **Robert B. Rowe, Western Michigan '67**, spent nine years with the St. Louis Cardinals and went to one Pro Bowl. Back **John E. Williams, USC '51**, played in one Pro Bowl and was All-NFL second team for the Redskins in 1953. He intercepted 14 career passes and averaged 12.8 on 42 punt returns.

Sean T. Casey, Richmond '96



Skillful specialists include Minnesota Vikings punter **Kyle D. Richardson, Arkansas State '96**, who has averaged 41.4 yards for 383 punts over five seasons (primarily with the Baltimore Ravens) and punter **Jeffrey C. Hayes, North Carolina '82**, who averaged 38.2 for 274 career punts.

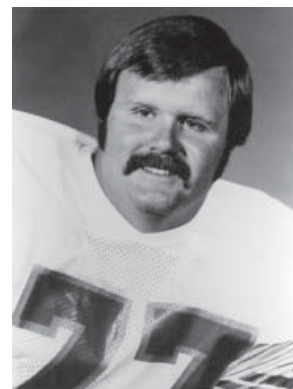
Several SigEps have been involved in the start of new pro football leagues. The founder of the Arena Football League was **James F. Foster, Iowa '72**, who started the concept of indoor play in 1987. He served as AFL commissioner until 1992, and then became Owner/President of the AFL's Iowa Barnstormers franchise. A star player during the United States Football League's three year run (1983-85) was linebacker **Carlos A. "Kiki" DeAyala, Texas '82**, of the Houston Gamblers. He was named to the All-USFL first team in 1984 and 1985 before moving to the NFL with the Cincinnati Bengals for two seasons.

Baseball

Featured on our *Journal* cover this issue is SigEp's leading active baseball star: **Sean T. Casey, Richmond '96**, of the Cincinnati Reds. As a collegian, he earned All-American second team honors, was ECAC Player of the Year and led NCAA Division I in hitting. Drafted second by the Cleveland Indians, he signed after his junior year and reached the majors at the end of the 1997 season. Near the end of 1998 spring training, Sean was traded to the Reds and became a regular, batting .272. The following year, he was named to the National League All-Star team and won the 1999 Hutch Award for exemplifying the spirit, courage and integrity of former Reds manager Fred Hutchinson.

Sean's breakout 1999 season as one of the NL's top hitters saw him hit .332 with 197 hits, 103 runs scored, 42 doubles, 25 homers and 99 runs batted in. During the next two seasons, Sean continued strong at the plate for Cincinnati. In 2000, he had a .315 average with 20 homers and 85 RBI. He was on the NL All-Star team again in 2001, finishing with a .310 mark, 40 doubles, 13 round trippers and 89 runs batted in. Prior to the start of this season, he ranked as one of baseball's career hitting leaders with a .311 mark over 531 games. Brother Casey is an example of a Balanced Man. In addition to his career, he volunteers for the Cerebral Palsy Foundation and Big Brothers/Big Sisters of America, is married and became a father to Andrew Thomas, born in 2001.

Also playing in the major leagues is pitcher **Kevin T. Jarvis, Wake Forest '91**, of the San Diego Padres. Unfortunately, tendon problems in his right arm put him on the disabled list for the season after pitching in just seven games. He had established himself as a Padres starter with a



Doug Crusan, Indiana '68 a member of the 1973 undefeated Miami Dolphins.

100 years of leadership – SigEp athletes

12-11 record and 133 strikeouts in 2001. Originally signed by the Reds in 1991, he pitched in parts of four seasons (1994-97) for Cincinnati, then bounced around several other organizations until joining San Diego last season.

Debuting in the big leagues this season was Chicago White Sox pitcher **Jon E. Rauch, Morehead State '00**, who pitched in several games before going to the club's Charlotte farm club in the International League. At 6'11", he is now the tallest player in major league history and was a member of the USA 2000 Olympic team, pitching a complete game win with 13 strikeouts against South Africa. Jon was chosen as *The*

Sporting News and *Baseball America* Minor League Player of the Year after posting a combined 16-4 record, 2.66 earned run average and 187 strikeouts in 166 innings for Birmingham and Winston-Salem.

Two of SigEp's past stars are also in the major leagues as coaches. After starting the season as an associate to the general manager, **Orel L. Hershiser, Bowling Green '80**, was named Texas Rangers pitching coach on June 22 (the Texas Rangers are owned by fellow SigEp **Thomas O. Hicks, Texas '68**). During 13 seasons with the Los Angeles Dodgers, he won a Cy Young Award (23-6, 2.88 ERA in

Kevin T. Jarvis, Wake Forest '91

1988), a World Series MVP award (1988), two League Championship Series MVP awards and was named to three NL All-Star teams. During his big 1988 season, Orel also set a major league record with 59 consecutive scoreless innings. He had a career record of 204-150 and 3.48 ERA and also pitched for Cleveland (1995-97), San Francisco (1998) and the New York Mets (1999).

In his 37th year in professional baseball is **Mervin W. Rettenmund, Ball State '65**, one of the game's top batting coaches. He has been with the Detroit Tigers this season after past stints as batting coach with Atlanta (2000), San Diego (1991-99) and Oakland (1989-90). He also served as a coach with Texas and California. Merv spent 13 seasons as a big league outfielder with Baltimore (1968-73), Cincinnati (1974-75), San Diego (1976-77) and California (1978-80), averaging .271 in 1,023 games. His best year was .318 with 75 RBI for the Orioles in 1971 and he played in four World Series.

One of the Fraternity's all-time top collegiate standouts, **Bobby K. (Keith) Moreland, Texas '76**, earned All-American honors three times for the Longhorns and averaged .388 for his career. He broke into the majors with Philadelphia in 1978 and had a good 12-year career, primarily as an outfielder and third baseman. His two top years were with the Chicago Cubs, as he hit .307 with a career-high 106 RBI in 1985 and 27 homers, 88 RBI in 1987. Over 1,306 games, he batted .279 with 1,279 hits, 121 homers and 674

runs batted in. Another former Longhorns All-American, third baseman **David L. Chalk, Texas '72**, was a nine year big leaguer with California, Texas, Oakland and Kansas City, averaging .252 over 903 contests.

The earliest known SigEp big leaguer was pitcher **Myles L. Thomas, Penn State '21**, who was 6-6 in 33 games for the 1926 New York Yankees. He had a 7-4 mark for the famed '27 Yankees and also pitched for the Washington Senators. Pitcher Benjamin **C. Cantwell, Tennessee '24**, got into five games for the '27 Yankees, the first of his 11 big league years. He was with the Boston Braves from 1928 to 1937, posting a 20-10 record in 1933 and 13-11 mark in 1932. Other early pros were pitcher **Emmett J. McKeithan, Duke '28**, who pitched briefly for the Philadelphia A's (1932-34) and first baseman **Jack D. Sanford, Richmond '39**, who played for the Washington Senators (1940-41, 1946).

A member of the American Baseball Coaches Hall of Fame is longtime Washington State head coach **Frederick C. "Bobo" Brayton, Washington State '49**, who won more than 800 games. **Taylor H. Sanford, Richmond '29**, led Wake Forest to the 1955 College World Series crown. Current Ohio State head coach **Robert V. Todd, Missouri '71**, took the Buckeyes to the NCAA playoffs again last season and now has a 19 year record of 730-380-2.

Basketball

The game of basketball would not exist without the leadership of the game's founder, **Dr. James S. Naismith, Kansas**, who envisioned an indoor game to be played by his students during the wintertime at the International YMCA Training School in Springfield, MA. His original 13 rules were posted on the gymnasium wall in December of 1891 and are still largely intact (with some modifications, of course). The original goals were peach baskets and there was no dribbling. As his students graduated to positions at YMCA's around the country, interest in the game spread rapidly.

When Dr. Naismith went to the University of Kansas in 1899, he became the school's first coach, serving for 10 years. He received international recognition in 1936, when basketball became an Olympic sport and he was asked to toss up the first ball for the opening of the inaugural Olympic game. He also presented medals to the winning teams and later became the first inductee into the Naismith Basketball Hall of Fame.



Dr. James S. Naismith, Kansas, SigEp's inventor of basketball.

Inducted into the Hall of Fame in 1964 was **Kenneth D. Loeffler, Penn State '24**, who captained the 1924 Nittany Lions and played pro ball (1924-29) before becoming a head coach. His first job was at Geneva College, where he had a 95-55 record in six seasons. He moved on to Yale for six years and Denver University before moving to pro ball with the Basketball Association of America. He led the St. Louis Bombers to a two year mark of 67-42, then coached the Providence Steamroller for a year.

Ken returned to the college ranks at LaSalle in 1950, winning the NIT title in 1952 and the NCAA crown in 1954. After a 145-30 record over six years, he went to Texas A&M for two final seasons. SigEp's third Hall of Fame coach is **Emil Liston, Baker '13**, who organized the first National Association of Intercollegiate Basketball tournament in 1937 (later changed to the NAIA), won six conference basketball titles, served as Baker athletic director for 25 years and was the first executive director of the NAIB (1940-49).

The Fraternity's next inductee into the Naismith Basketball Hall of Fame will likely be Purdue head coach **Lloyd E. "Gene" Keady, Jr., Kansas State '58**, the winningest coach in school history. After two seasons at Western Kentucky, he took over at Purdue in April of 1980 and has a career record of 507-243. He has won six Big Ten championships and has received national Coach of the Year honors six times (most recently in 2000). Gene has also been involved on an international level, serving as an assistant on the USA Gold Medal-winning Olympic team in 2000 and as head coach of the winning US entry at the 1989 World University Games. Other college coaches of note include former Baylor head coach **James F. Haller, Sam Houston State '67**; former Randolph-Macon head coach **Hal W. Nunnally, Randolph-Macon '62**; and **Richard R. Meckfessel, Washington (St. Louis) '61**, a former head man at Morris-Harvey and Missouri-St. Louis.

One of SigEp's first collegiate stars was **William C. Hosket, Ohio State '34**, who was team captain and an All-Big Ten center as a senior. He later played pro ball and was player-coach of the National Basketball League's 1938 Dayton Metros. Two-time All-Southwest Conference guard **Robert O. Moers, Texas '40**, was an outstanding passer and competitor for the Longhorns, leading the team to the 1939 NCAA playoffs.

Center **Marcus C. Workman, West Virginia '52**, earned All-American honors in 1951-52 and was chosen for the school's all-time team. He averaged 20.4 career points a game and set a school season rebound mark with a 17.5 per game average. He played NBA ball with the 1953 Philadelphia Warriors and 1954 Baltimore Bullets. Also receiving All-American recognition was guard **Donald J. Sunderlage, Illinois '53**, who had a best season point total of 471 in 1952. He was an NBA player with the 1954 Milwaukee Hawks, scoring 760 points (11.2 per game) and Minneapolis Lakers in 1955.

Earning All-Southeastern Conference honors three times was forward **John W. Cox, Kentucky '59**, who also was named All-American as a senior. He was an NCAA All-Tournament selection in 1958 and team captain as a senior.

As a sophomore, Cox had his top scoring year with 544 points (19.4) and totaled 1,461 career points (17.4 average). He played two seasons with the Cleveland Cavaliers of the American Basketball League, then scored 573 points (7.8) for the NBA Chicago Zephyrs in 1963.

The highest career scoring average (23.6 on 1,673 points) in Connecticut school history belongs to guard **Wesley J. Bialosuknia, Connecticut '67**. He also has the Huskies' single season scoring mark, averaging 28.0 per game (673 points) as a senior in 1967 and is second with a 50 point game versus Maine that season. Wes played with the Oakland Oaks in the American Basketball Association's first season (1968) and scored 608 points (8.7). A key front office executive was **Mark W. Pray, Kansas State '71**, director of public relations and later Vice-President of Communications for the Miami Heat (1988-95). He was WNBA Director of Media Relations before joining the Miami athletic department in 2001.

Golf

Still competing on the Senior PGA Tour are **Marion D. Eichelberger, Oklahoma State '65**, (over \$1 million in earnings) and **Jesse C. "J.C." Snead, East Tennessee State '65** (over \$2 million in earnings). Serving as commissioner of the Ladies Professional Golf Association from 1996 to 1999 was **Howard J. Ritts, Texas '76**. Among leading college golfers have been 1969 All-American third teamer **Earl R. "Chip" Stewart, Texas '69** and **Dean Refram, Florida Southern '58**.

One of the top coaches in collegiate tennis is **William L. Richards, Western Michigan '70**, who completed his 30th year at Ball State. From 1984 to 1995, he won 12 straight MAC championships, is the winningest coach in MAC history and is one of just 14 Division I coaches with over 400 victories. Bill has also been involved with the U.S. national team and has accompanied top American junior players to events such as Wimbledon, the French Open and the U.S. Open. As an undergraduate, he was MAC champion in both singles and doubles.

SigEp Olympic Athletes

The Olympic Games have had quite a few SigEp participants over the years. The first Gold Medal winner was high jumper **Alma W. Richards, Cornell '12**, who reached 6'4" at the 1912 Games and later was AAU champ in 1913. Shot putter **Dallas A. Long, Southern California '62**, took a Silver Medal in 1960 then earned a Gold Medal at the 1964 Games. He set six world records with longer throws after



Martin R. Jertson, Colorado School of Mines '02, is an up and coming player on the PGA Tour.

100 years of leadership – SigEp athletes



Alma W. Richards, Cornell '12

tying the world record mark of 63'2" as an 18 year old in 1959. Dallas was a three-time NCAA champion in the shot and also had a best discus throw of 172'3". Pole vaulter **Donald R. Laz, Illinois '51**, won the 1951 NCAA title then gained a Silver Medal at the 1952 Olympics, narrowly losing to Bob Richards. He tied for the 1953 AAU title, then reached 15'2", the second-best mark of all time, at the 1954 Ohio Relays. **Bill D. Schmidt, North Texas '70**, won the bronze medal in the javelin throw in the 1970 Olympics in Munich.

Current Oklahoma State wrestling coach **John Smith, Oklahoma State-Renaissance '97**, won a Gold Medal at 134 pounds during the 1988 Olympics. He was a three year All-American, posted a career 154-7-2 record as a collegian and competed as an amateur after college, winning numerous national and international titles. He was named 1989 Wrestler of the Year by USA Wrestling and won the James E. Sullivan Award as 1990's top amateur athlete after winning his fifth U.S. title, fifth world freestyle title and second Pan Am Games title. He took over as OSU head coach in 1992 and was inducted into the National Wrestling Hall of Fame in 1997.

The only SigEp to compete in two different Olympic events was **Robert L. Beck, Virginia '58**. He won a Bronze Medal in the 1960 modern pentathlon by taking third in fencing, third in shooting and fourth in swimming. At the 1968 Games, he competed in both the pentathlon and fencing events, but did not place. A strong epeeist, he was AFLA national fencing champ in 1961 and placed second in

1971. He never won a national title in the modern pentathlon but finished second five times between 1960 and 1970.

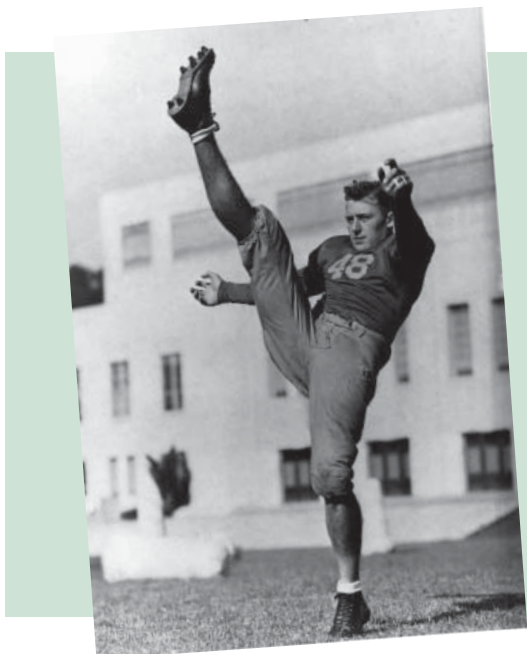
Distance runner **Schuyler C. Enck, Penn State '24**, took a Bronze Medal in the 800 at the 1924 Games. Other competitors included three-time NCAA individual medley champion **Burwell O. Jones, Michigan '55**, who competed in the 800 freestyle event at the 1952 Olympics; pole vaulter **Douglas P. Lytle, Kansas State '84**, who was on the 1984 U.S. team and had a career best of 18'18"; and distance runner **Robert Kempainen, Dartmouth '88**, who ran the marathon for the 1992 and 1996 U.S. teams.

Numerous Brothers have made a name for themselves in other sports. Prominent in skiing and broadcasting has been **Robert P. Beattie, Middlebury '55**, while **Ferdie Pacheco, Florida '50**, has been involved in boxing as a trainer and TV commentator. In the Collegiate Hockey Hall of Fame is longtime Brown head coach **James H. Fullerton, Norwich '31**. He was 1965 U.S. Hockey Coach of the Year; served as head coach of the U.S. team at the 1972 World University Games and worked as a college scout for the New York Islanders. In his 20th year as athletic director at his alma mater is **Jerry M. Hughes, Central Missouri State '71**.

Still to come: SigEp leaders in *Business and the Professions* and *SigEp Entertainers, Artists and Writers*. The men profiled in this series represent the thousands of SigEps who make the world a better and stronger place every day, as they have been doing since day one in the tower room of Richmond's Ryland Hall. The success of a fraternity is measured by the men it produces, and SigEp measures up. 📊



Olympian Bill D. Schmidt, North Texas '70.



Before Bo Jackson and Deion Sanders, **Sam B. Chapman, California-Berkeley '38**, was SigEp's football and baseball standout. As halfback for the Cal Golden Bears, Sam was inducted into the National Football Foundation College Hall of Fame, but it was his prowess on the diamond that earned him notoriety. He was a ten-year regular for the Philadelphia Athletics (1938-1951) and played one year for Cleveland. In 1941, he batted .322 with 25 homers and 106 RBI then drove in a career-high 108 RBI with 24 round trippers in 1949. Sam is SigEp's career leader in games (1,368), hits (1,329), home runs (180) and RBI (773).



SigEp Fall Sports Preview *by Jay Langhammer*



Tight end Trent D. Smith, Oklahoma '03.

With the fall sports season underway, there are many Brothers participating in football and soccer. SigEp's top returning college football star is **Oklahoma** tight end **Trent D. Smith '03**, who was a 2001 second team All-American and one of three finalists for the John Mackey Award as the nation's best tight end. He led NCAA Division I-A tight ends with 61 receptions (a new school record) for 564 yards and 6 touchdowns. Trent also set school records for catches in a game (11) and TD catches in a game (four versus Kansas). He was named as the Sooners' Offensive MVP and played in the Cotton Bowl.

Back as **Oklahoma's** quarterback is **Nate T. Hybl '03**, who set a Cotton Bowl record with 24 completions. For the season, he completed 222 of 380 for 2,234 yards and 14 touchdowns, including 350 passing yards against North Texas and 347 yards versus Tulsa. He won the squad's Top Scholar Award and was an All-Big 12 Academic first team selection. Also slated to be a starter at another Big 12 school is **Baylor**

offensive tackle **T.J. Helmcamp '03**. He had one start last season as an offensive guard and played in every contest.

Another honors candidate this season is **Cincinnati** center **Josh Schneyderov '03**, who started all 12 games in 2001 and won the team's John Pease Award as top offensive lineman. Hoping to see more playing time this season is **Oregon State** wide receiver **Nate S. Brentano '03**, a returning letterman. Also bidding for more playing time are defensive end **Allen E. Adami '04**, of SMU, defensive back **Matt S. Calvert '04**, of Indiana, offensive guard **Jeff K. Pierce '03** of East Tennessee State and defensive end **Ryan B. Holley '03** and fullback **Jason M. Holok '03**, both of Indiana State.

Returning to the lineup at **Missouri-Rolla** are All-MIAA honorable mention offensive tackle **Steve M. Purdy '03** and offensive tackle **Guy J. Storm '03**. Playing defensive tackle for **Truman State** is **Dan J. Bredenkoetter '03** and teammate **Tom R. Osborn '03** handles deep snapper duties. Returning

Varsity Athletes

SOUND BODY ALL RIGHT BUT WITH SOUND MINDS

regulars at **Westminster** are tight end **Kevin C. Baker '03**, who caught 19 balls for 178 yards last season, and defensive tackle **Charles J. Kiger '03**, who was second with seven sacks. Back at linebacker for **Denison** is **Pat C. Rule '03**, who had 27 tackles last season, and **Adam R. Johnson '04** returns at defensive back for **Baldwin-Wallace**.

SigEp head football coaches this season include Eastern New Mexico's **Harold E. "Bud" Elliott, Baker '53**; Delta State's **Rick E. Rhoades, Central Missouri State '70**, in his first season; Linfield's **Jay A. Locey, Oregon State '77**; Widener's **Bill A. Zwaan, Delaware '79**; Clarion's **Malen Luke, Westminster '76**; and Denison's **Nick H. Fletcher, Johns Hopkins '76**.

A number of Brothers are also on intercollegiate soccer fields this fall. Hoping to see playing time in goal for **St. Louis** (18-2 last season) is **Jason A. Cherish '03**. Starting



Center **Josh Schneiderov, Cincinnati '03**.

every game for 11-8 **Davidson** in 2001 was midfielder **Joel R. Sadler '03**, who scored 11 points (4 goals, 3 assists). Back at **Washington in St. Louis** are standout goalie **Giles Bissonnette '03**, who had seven shutouts and a great 0.75 goals against average, and forward **Mark D. Gister '03**, who was tied for second in scoring with 17 points (7 goals, 3 assists). Returning All-Verizon All-District II Academic selection **Pasquale F. Reino, '03** is back at **Westminster**. Last year, he led with 8 assists while ranking second with 8 goals and 24 points. **Ryan E. Mills '03** is back after starting 12 games for 11-7-1 **Denison** last season.

In future issues of *The Journal*, we will continue coverage of SigEp scholar athletes. Please send the names of your athletes to *The Journal* at Journal@sigep.net.

Clockwise left to right: Quarterback Nate T. Hybl, Oklahoma '03; Goalie Giles Bissonnette, Washington in St. Louis '03; Forward Mark D. Gister, Washington in St. Louis '03; Defensive End Allen E. Adami Southern Methodist '04.



Sound Mind and Sound Body

LIVING THE BALANCED MAN IDEAL

Helping Chapters Achieve the Balanced Man Ideal

The Balanced Man Ideal teaches that one must develop a Sound Mind in a Sound Body as a way to live one's best life. In order to achieve this, the fraternity has several resources for chapters to pursue the Balanced Man Ideal. Chapters will receive these this year, beginning in the fall.

Undergraduate Resources

The SigEp Planner

SigEp undergraduates know how vital their time is, and they take advantage of the SigEp Planner to meet their demands. Every year the Sigma Phi Epsilon Educational Foundation makes the planners available for undergraduates, and Franklin Covey™ partners with SigEp to design this useful tool.



The SigEp Planner provides information about all the

opportunities offered by Sigma Phi Epsilon beyond the local chapter experience, including the **Ruck Leadership Institute** (p.22) and the **Quest to Greece** (p.24).

The Quest

Where are you going? How will you get there? When will you reach your destination? Every year SigEps set their sites on tomorrow and get closer to their dreams. With *The Quest*, they have a journal that records their goals and achievements for the duration of college and beyond. *The Quest* is a life map that charts the way for them to live Sound Mind and Sound Body.

Chapter Officer Resources

The Lexicon

The word "lexicon" is derived from ancient Greek and means "the vocabulary of a language or a subject." *The Lexicon* is a supplement to the chapter's member development program and contains ideas on Experiential Learning, Mentoring, Programming, Service Learning, and Brotherhood activities. *The Lexicon* is a free

resource, and we encourage **all** chapters to utilize one in their member development program.

Men's Health Magazine

Through a grant from the Sigma Phi Epsilon Educational Foundation, SigEp continues to provide *Men's Health Magazine*. A subscription is sent to every



chapter across the country beginning in September. A personal guide to the Vice President of Member Development is included with the magazine that details specific articles and how to use them in the chapter. The guide highlights relevant web links, books, and other ideas for our chapters to achieve the Balanced Man Ideal.

Additional Resources

To request any of these resources or to find out more on the Balanced Man Initiative, contact Zariel Toolan, Director of the Balanced Man Initiative, at zar.toolan@sigep.net or visit www.sigep.org. Sigma Phi Epsilon is committed to our mission of "Building Balanced Leaders for the World's Communities."



Sound Mind and Sound Body

LIVING THE BALANCED MAN IDEAL

Striving to attain SigEp's Balanced Man Ideal involves the development of a Sound Mind and a Sound Body. Because the body is the vessel of the mind, one must have a strong, healthy body. These six stories profile SigEps, alumni and undergraduates, who are living the Balanced Man Ideal. Read their stories and see how they have fun living their best life.

It's OK for Alumni to Work Out too...



Chad H. Carlson, Baylor '95, feels better than ever after shedding 15 pounds of body fat.

With the strain of work and other duties, Arkansas Zeta chapter counselor **Chad H. Carlson, Baylor '95**, realized that he needed to get serious about fitness if he was to meet life's demands. He developed a game plan for success and began a New Year's resolution to change his habits. On January 2, he began his new workout and diet. The approach he used was simple. By eating six small well-balanced meals each day, he kept his body nourished. This lessened the chance for binge eating unhealthy foods. Chad saved money by cutting out fast foods and eating healthy, and he would include a healthy smoothie as one of his meals. Six days per week, he worked out for one hour. Three days per week consist of cardiovascular training, and he devotes the other three days to weight training. By getting a good night's sleep, his body had the chance to recharge. Chad knew results would take time and over the next 12 weeks, he shed 15 pounds of body fat. This reduced his percentage of body fat from 23.5 percent to 10.5 percent in April. Now he responds to stress with improved energy and drive.

Last fall District Governor **Michael A. Wasylik, Northwestern '92**, noticed that his clothes were tight fitting, and he changed his habits. First, Wasylik stopped drinking soda, eating French fries and cut back on starchy foods like bread, rice, and potatoes. He trimmed back his alcohol consumption. This eliminated an estimated 1,000 calories per week, and he replaced those foods with vegetables, and foods rich in protein. Next he drank water for the first month of his

routine, and this "rebooted" his taste buds. Lastly, he added exercise. Wasylik runs two to three miles twice per week and is building on this. As a result he shed 40 pounds over the last several months and has had to buy new clothes, an expenditure that Mike is glad to make. Wasylik reports that when he eats nutritious foods his body responds with positive feedback and conversely it responds with negative feedback when he eats junk food. This helps him keep focused on his healthy habits.

Michael A. Wasylik, Northwestern '92, is living his best life. These before and after images are only months apart.



"We are what we repeatedly do... Success in life is not an act but a habit."

— ARISTOTLE

Meet TCU's Colt McAnlis, Video Game Entrepreneur, Martial Artist, and SigEp Balanced Man

Colt L. McAnlis, TCU '05, is a unique brother. Like most children, Colt played video games. When he was 12, his after school hobby became his career goal. Colt wanted to make video games. His passion for playing video games earned him a job as a programmer and beta tester with HEAT.NET, SegaSoft's online multiplayer community. He was a freshman in high school. A year later, Colt, his father, and two close friends founded BadHeat, an entertainment company that creates video games. Within two years the company produced "Paintball Madness," which sold in over 13 countries. Today



Colt L. McAnlis, TCU '05

BadHeat is producing three new titles, including one for the Xbox in early 2004.

When his high school basketball coach urged that he get more aggressive on the court, Colt, then a sophomore studied three different martial arts over the next five years. He is skilled in Brazilian Jujitsu and two versions of Kung Fu. Colt believes that martial arts have the biggest influence on him because it involves training both the body and the mind. The level of commitment to the Balanced Man Ideal is amazing. It is for this reason that Colt and a few other brothers began to teach martial arts to the rest of the chapter. Since the fall of



Above and below left: McAnlis works out with his SigEp Defensive Training Instructors. They are practicing the grappling and takedown techniques of Brazilian Jujitsu, and they teach these skills to other men in the Texas Gamma Chapter and TCU sororities.

2001, the chapter has participated in 25 Defensive Training (DT) classes averaging 20 brothers. The SigEp DT instructors have taught self-defense to **Alpha Delta Pi** and **Pi Beta Phi** sororities.

"The key to living a balanced life is finishing what you start, never settling for less than you know you deserve, and learn something new every day."

— Colt L. McAnlis, TCU '05

In addition to martial arts and software design, Colt also knows how to play the guitar, keyboard, drums, and bass. Where does he get the stamina and skill to balance out all of his activities? According to Colt it comes from his parents. He goes on to add, "In the past 19 years, I attribute all my creative drive, ambition, and success directly to my parent's guidance and love. And although it is something you cannot put on a card, or hang on a poster, they always told me, 'The key to living a balanced life is finishing what you start, never settling for less than you know you deserve, and learn something new every day. All in all, don't ever stop living.' And I don't."



Sound Mind and Sound Body

LIVING THE BALANCED MAN IDEAL



Lambuth brothers begin their marathon.

Lambuth Marathon

In the Centennial issue of *The Journal* we reported that three undergraduate brothers from Davidson ran in the Music City Marathon in Nashville, Tennessee. Apparently SigEps are making a habit of running in this race. On April 27, 2002, **Anthony W. Davis, Lambuth '02, Dave M. Dietrich, Lambuth '02, and David B. Hollis, Lambuth '04,** three brothers from Lambuth University, ran in the marathon. They spent six months training together to prepare for the race on an incremental schedule and finished the race in 4 hours and 42 minutes. Each week they spent three to four days running. One of the days was the "big day," a run that was longer than the other runs that week. Each week they added a mile to the big day run, and at two weeks before the event, they were running 20 miles. The chapter plans to run in the marathon next year to keep the tradition alive.

"You must first be a friend to yourself before you can be a friend to anyone else."

— HECATO

Athens to San Antonio

The distance from Athens, Greece to San Antonio, Texas is 6,481 miles. Most people would rarely, if ever, need to know this information. For the brothers of Tennessee-Martin, that distance is the target of their unique Sound Body challenge. By the 48th Grand Chapter Conclave in August, 2003, the chapter will run that distance. To reach that number, members run together four days per week, and miles run are individually tracked. In the chapter house there is a laminated map of Europe and North America. Athens and San Antonio are marked and connected by a path with 500-mile increments. Within the first 13 weeks, they logged 1,858 miles, an average of 142.9 miles per week. At this pace the chapter will reach their goal by December, 2002, eight months ahead of schedule. This leaves room for a possible round trip.

SigEps inducted into Phi Beta Kappa

Phi Beta Kappa is the oldest, most respected honor society in America. Founded in 1776 at the College of William & Mary in Williamsburg, Virginia, Phi Beta Kappa has chapters in more than 250 colleges and universities across the country. Membership in Phi Beta Kappa is recognized as a symbol of outstanding achievement in higher learning. Individuals do not apply for membership, they are elected from the top ten percent of the graduating class.

At Purdue University, three SigEps were inducted into Phi Beta Kappa. Indiana Alpha added a plaque to their chapter house commemorating all brothers who achieve this honor. By recognizing their brothers, other chapter members at Purdue will strive to be inducted into Phi Beta Kappa.

Ten percent of Dartmouth's chapter are in Phi Beta Kappa. Nine out of their 23 graduating seniors wear the Phi

Beta Kappa Key, and the chapter's GPA has averaged above a 3.5. Both chapters are showing their commitment to academic excellence.



Nicholas S. Ham, Purdue '03, Brian P. McKenna, Purdue '02, and Robert S. Grimm, Purdue '02, are recent Phi Beta Kappa Inductees.

Fathers and Sons

Friends, colleagues, and fraternity brothers do not have the impact on a man's life that a father or son does. The father-son relationship is the most important male-to-male interaction that men experience. Fathers and sons directly affect each other's lives in both positive and negative ways. An understanding of this dynamic can improve the happiness of each SigEp father's and son's life.

Fathers and sons face challenges to develop strong relationships. Today, fathers spend more time working and thus less time at home with their children. Coupled with the fact that many families consist of a single parent, sons can be left without a male role model. This directly impacts how they develop as human beings. Studies show that men who have involved and nurturing fathers are better able to articulate their feelings, whether of love or sadness. They are men not afraid of their emotions. Sigma Phi Epsilon can play a part in enhancing communication between fathers and sons. Every year more fathers and sons are realizing this.

Some fathers are getting closer to their sons through volunteering with SigEp, regardless if they are members of this or any fraternity. Some fathers work with a nearby SigEp chapter, or if they live close to their son's school, his chapter. The fraternity's strongest chapters encourage parental involvement. Dads, like moms, sit on alumni boards and are able to directly impact their son's life. Many chapters encourage this kind of support, and it is vital. Fathers, like mothers, mentor in their fields of expertise. Sometimes young men feel more comfortable inviting their mother's participation. We would like to encourage you to give dad a chance.

Parents help fix up the chapter house and attend intramural games thus showing support to their sons. Because of their own experience, SigEp fathers encourage sons to join this fraternity and are proud when this happens (see p. 2). Through the Renaissance of Brotherhood Ceremony, chapters can invite fathers of SigEp sons to join, providing another shared experience.

Fathers, regardless of whether they are SigEps or not, are welcome to participate in their sons' SigEp experience and growth. But the young SigEp son has to let Dad in. Sigma Phi Epsilon is a platform that can strengthen the father-son

relationship and is happy when it is able to play any small part. A relationship requires the cooperation of both people to be sustained. Mistakes in the past should not be held on to. We want to encourage fathers to ask their sons how you can get involved with your son's SigEp activities. Your son can find out when the next alumni board meeting is, and you should feel free to contact any of the officers or the appropriate District Governor (see p. 38) to tell them of your interest. We never have enough volunteers.

SigEp sons, go ahead and make that weekend call home. Talk to mom, for sure but also ask for dad. You do not need to have great news, just call to say hello. It is a great beginning. Tell your fathers about your fraternity. You may have found it difficult to relate to your father when you were a young teenager, and maybe the reverse applies. So it doesn't matter who starts the dialogue; let's just start talking.

Talk to him about how SigEp is helping you live your best life, about the different

Sound Mind and Sound Body activities of your chapter. You might find out he is struggling with the same issues you are facing with a few more years than you. You may

even help him live longer so that your relationship has a chance to flourish and thus avoid the consequences of the sad English poem to the left. Don't forget the hourglass young SigEps.

*by E. Scott Thompson II,
Southern Mississippi '00,
Editor of The Journal*



One from the Son

My old man wore three-piece whistles
He was never home for long
Drove a bus for London Transport
He knew where he belonged
No. 18 down to Euston
Double decker move along
Double decker move along
My old man . . .

My old man was fairly handsome
He smoked too many cigs
Lived in one room in Victoria
He was tidy in his digs
Had to have an operation
When his ulcer got too big
When his ulcer got too big
My old man
My old man

Seven years went out the window
We met as one to one
Died before we'd done much talking
Relations had begun
All the while we thought about each other
All the best, mate, from your son
All the best, mate, from your son
My old man
My old man

From "My Old Man," by Ian Dury



Sound Mind and Sound Body

LIVING THE BALANCED MAN IDEAL

Ruck Leadership Institute

One of the challenges any leader faces is empowering others to act. The Ruck Leadership Institute seeks to address this and other challenges of leadership. The Institute is part of the leadership continuum and helps undergraduates gain awareness of the national fraternity and at the same time shows how to utilize alumni, other undergraduates, and headquarters staff to enhance their chapter. SigEps apply to attend the Ruck Leadership Institute. This year there were over 250 applicants.

With 60 undergraduates, this year's Ruck Leadership Institute had twice as many participants than last. These SigEps journeyed from all over the country to the University of Richmond. For four days they participated in the fraternity's most intense leadership

development program. The Institute focused on "Teaching the Few to Impact the Many." They were shown ways to impact change in their chapters and were challenged to explore their meaning of leadership.

Volunteer facilitators added to the success of the Institute and included Past Grand President **John W. Hartman, Missouri '61**, National Director **Arthur J. Hurt, III, Davidson '88**, National Leadership Committee members **Michael A. Wolbert, Northwest Missouri State**

Past Grand President William G. Tragos, Washington in St. Louis '56, engages the group on the origins of the Balanced Man Initiative.

'94, and **Dr. Ron S. Binder, Toledo '83**, and **Lieutenant Colonel Robert W. Lanham, Indiana '77**.

Grand President **Dr. Edward H. Hammond, Emporia State '66**, welcomed the undergraduates, and Past Grand President **William G. Tragos, Washington in St. Louis '56** led a discussion on the roots of the Balanced Man. One of the many highlights included a leadership discussion and workshop facilitated by Professor Dick Dunsing of the University of Richmond's Management Institute.

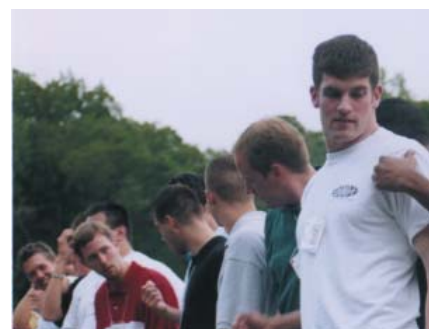
The undergraduates left the Ruck Leadership Institute ready to tackle the upcoming year. In addition to the leadership skills they developed, they have a support network of close to 70 other SigEps who had the same experience.

The Institute is in the groundbreaking spirit of **Frank J. Ruck, Jr., Michigan '46**. Brother Ruck was an innovator for both SigEp and the Fraternity movement. He was instrumental in the development of the Balanced Man Program and believed that fraternities must live their values in order to stay alive in the coming years.

Applications for the Ruck Leadership Institute are available year round. If you are interested in attending next years Ruck Leadership Institute please contact Chris Minnis, Director of Leadership Programming, at chris.minnis@sigep.net. The Ruck Leadership Institute is made possible by the Sigma Phi Epsilon Educational Foundation through the gifts of alumni, parents, and friends. For details on supporting The Ruck Leadership Institute see page 26 or visit www.sigep.org/foundation.

Large group sessions introduced topics crucial to leadership. Below Nick Cincotta, Chicago '04 left and Thomas Reina, Texas-San Antonio '04, right are engaged in the discussions.





Clockwise left to right: The Ruck participants held many activities outdoors on the beautiful University of Richmond campus. Experiential learning developed trust and helped apply points of the leadership topics. Participants learned from each other during peer-led sessions.

The 60 participants with a combined 3.4 GPA include:

- 14 Chapter Presidents
- 27 Vice Presidents
- 3 Interfraternity Council Presidents
- 8 Varsity Athletes – Swimming, Track and Field, Cheerleading, and Soccer

"Isolation has kept me, and others I'm sure, blinded from the idealistic visions of our fraternity and how it pushes all of its members (that are willing to be pushed) to achieve all that is possible in this lifetime. Sigma Phi Epsilon offers something that is unique, something I'm positive I won't find anywhere else."

Brian C. Warren Jr., Virginia '04

"This weekend was such a motivating force to know that my chapter is not alone in pursuing the true purposes of the fraternity. Furthermore, it is helpful to know that I have friends around the country, not just my chapter, who want to help us achieve those goals."

I love associating with men who do more than talk a good game, but truly aspire to live their "best life." I wish all of my brothers at my chapter could experience the great vision and mission of this fraternity from this vantage point that I have

been so fortunate to witness. I am eager to take the vision back to Missouri Nu, and I am comforted to know these men who will expect me to do so."

Jason A. Cherish, St. Louis U. '03

"I have benefited greatly from the sessions, speaking with other brothers about chapter operations and what the vision is for SigEp. This weekend has provided me the skills to go home and articulate this goal to not only my chapter, but the IFC and the SDSU campus. I have gained insight to working with different individuals to spark energy and bring into greater focus the Balanced Man Ideal."

I leave this weekend with life long memories and friends. These brothers, and I will always share this bond. It was surreal to be part of this experience and the brotherhood that developed amongst leaders."

Austin W. Bailey, San Diego State '02

Sound Mind and Sound Body

LIVING THE BALANCED MAN IDEAL

Quest to Greece

“When I left for the Quest to Greece, I was not looking for a fraternity experience. I thought that my days on Crete would allow me to delve into the world of the Ancients and experience how they lived according to a Sound Mind and Sound Body philosophy. What I didn't know was that this adventure would totally reshape how I view Sigma Phi Epsilon and completely alter my understanding of Virtue, Diligence, and Brotherly Love.”

Chris Gerard, Southern Methodist '03

Sigma Phi Epsilon and the Sigma Phi Epsilon Educational Foundation established **The Balanced Man Quest to Greece** to give zest and meaning to our task of Building Balanced Leaders for the World's Communities. It is an opportunity to reward and empower Sigma Phi Epsilon's most promising undergraduates to explore the Ancient Greek roots of the Balanced Man. Another unique first in the fraternity

world, the Quest to Greece is an exploration for the participants, an education opportunity for all of our brothers, and a symbol of Sigma Phi Epsilon's strength.

The Quest to Greece, now in its second year, is an academic oriented, on-site tour of Greece lasting from seven to ten days in the early

summer. This year, two separate groups of undergraduates, accompanied by Alumni Mentors, participated. Undergraduate participants receive a scholarship from the Sigma Phi



The Sacred Temples of Eleusis. Photo taken by John Mize.



Taken on the Acropolis of the city of Mycenae. From left to right: Brian W. Tenclinger, LSU '99, Ron J. Sigeti, SUNY – Buffalo '96, Jason B. Conn, Cornell '03, Blake D. Reigle, USC '04, Scott S. Hughes, Baker '03, Joel N. Teklu, Columbia '04, Jeff T. Longmuir, Western Michigan '03, Chris J. Gassman, Colorado '04.

Epsilon Educational Foundation which provides for airfare to Greece and participation in the Quest; meals and personal expenses are covered by the participant. Alumni mentors volunteer for the Quest and cover all of their personal expenses. This year's scholarship recipients were:

Jason B. Conn, Cornell '03
Blake D. Reigle, USC '04
Joel N. Teklu, Columbia '04
Jeff T. Longmuir, Western Michigan '03
Kyle M. Jones, Florida '03
Peter J. Gauthier, Tulane '04
Chris Gerard, Southern Methodist '03
John M. Mize, Oregon '02
Scott S. Hughes, Baker '03
Chris J. Gassman, Colorado '04
Bobby J. Buzick, North Dakota '05
Jason M. Rodriguez, Toledo '03

Alumni Mentors who accompanied the two groups:

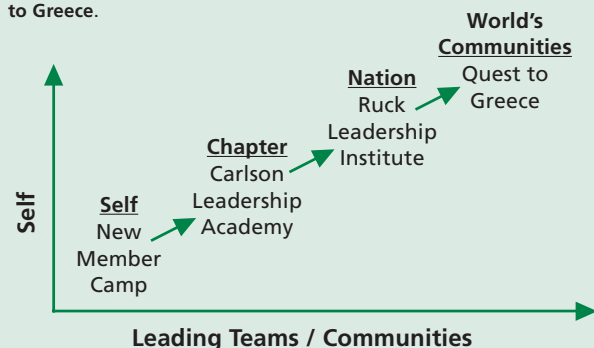
Brian W. Tenclinger, LSU '99
Ron J. Sigeti, SUNY – Buffalo '96
Conrad J. Eberstein, Penn '65

“The Greeks were focused on moving forward and evolving in all areas of life, and the Greeks never forgot connections to their past or where they came from. These are two of the main themes I want to communicate to all of our brothers.”

Jason B. Conn, Cornell '03

To walk where Socrates walked, to see the various temples and other Ancient Greek structures symbolic of democracy, the SigEp brothers experienced history not only for themselves, but for the entire Fraternity. Each Quest to Greece participant agreed to become an ‘ambassador’ for the trip bringing back knowledge to share, not only with his home chapter, but with others at SigEp events such as the **Carlson Leadership Academies**, the **New Member Camps**,

The Leadership Continuum, a series of connected leadership development programs grounded firmly in the idea of sound mind/sound body that fly in the face of the ‘frat’ stereotype and shatter it, leaving Sigma Phi Epsilon as the fraternity that is different, producing Balanced Leaders for the World's Communities. The pinnacle of this Continuum is the **Balanced Man Quest to Greece**.



and the **Grand Chapter Conclave**. The principles of Sound Mind and Sound Body they explored on The Quest provided them with a grounding designed not only to enrich their own undergraduate fraternal experience, but to also open windows of insight.

"It was when standing on the Areopagus that I realized that this was no regular trip. I stood upon the rock and looked around as I heard the story of Paul. It was there that I realized, that if I were standing in that exact place nearly 2,000 years ago I would have seen and heard Paul. I was and still am simply amazed."

Scott S. Hughes, Baker '03

"As my SigEp Brothers and I visited each ancient site on the ambitious itinerary – from the Acropolis to the monastery of Hosios Loukas – we were eager to discover which would be the most relevant in terms of the fundamental principles of Sigma Phi Epsilon."

Joel N. Teklu, Columbia '03

Participating with a new group of brothers, each Quest to Greece participant was presented with an opportunity unique to the fraternal experience: to examine his life and his presentation to the world. In other words, to "know thyself." This process of self-discovery through the study of another culture was an intangible, positive benefit of the Quest to Greece. When one knows oneself, one is in a stronger position to build on strengths and work on weaknesses. More so, one is more confident and able to lead and assist others.

"After embarking on a journey with complete strangers whose only link to me was that they were in the same fraternity, I returned with a whole new context on what 'brotherhood' is about. I understood it within my own chapter, but extending this to men from Ohio, Oregon, Louisiana, Texas, and Florida has changed me forever."

Bobby J. Buzick, North Dakota '05

From left to right: Jason M. Rodriguez, Toledo '03, Chris Gerard, Southern Methodist '03, Bobby J. Buzick, North Dakota '05, John M. Mize, Oregon '02, Peter J. Gauthier, Tulane '04, Kyle M. Jones, Florida '03. They are standing in front of the Parthenon at the Acropolis.



www.sigep.org

The Quest to Greece yields greater personal confidence, sharper and more focused insight, and a stronger bond in the Sigma Phi Epsilon brotherhood. Exposure to another corner of life and culture in the world is of great value in itself. Through such exposure, the Quest participants broadened their minds. An unexpected outcome was the deepening of the participants' spirits and respect for the spiritual aspect of all brothers in Sigma Phi Epsilon.



The Acropolis in Athens. Photo taken by John Mize.

"In living the ideal of the Balanced Man, one strives to approach a Sound Mind and a Sound Body. We saw an example of this respect for balance when we visited the site of the Oracle in Delphi. Delphi was well known because of the Pythia, or priestess of Apollo. People came from all over the ancient world of Greece to hear her and beseech her for advice. Before any of this could be done, however, the visitors had to be pure in order to receive the wisdom. It was the tradition at the site to drink from the water of the nearby springs to wash away all impurities. To the Greeks, purity of the mind and body were imperative prerequisites to be able to understand and fully realize what the Oracle said."

Chris J. Gassman, Colorado '04

Don't be surprised if you see the Quest to Greece participants at a SigEp gathering, event, or discussing their adventures in upcoming issues of *The Journal* and other Fraternity publications. The Quest to Greece provides a tremendous opportunity for dedicated SigEp undergraduates to share their experience with the entire Brotherhood.

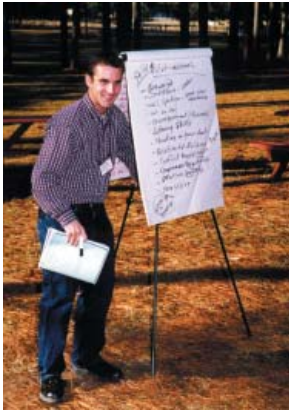
"I can say that there were many similarities between the site at Eleusis and our Ritual. Seeing the similarities and experiencing the site with other SigEps is an experience that I will never forget, and one that has forever changed my outlook on Sigma Phi Epsilon. The important aspect of Eleusis is not finding out exactly what occurred at the initiation, the significance is the companionship that a large group of people felt toward one another, and the fact that there were ideals, practices, and secrets that they felt so strongly about, that it bound them together, and that bond of secrecy has remained intact for about 2000 years."

Jason B. Conn, Cornell '03

Sigma Phi Epsilon just celebrated 100 years of Brotherhood. With programming like The Quest to Greece and our undying commitment to be the fraternity that will be different – the fraternity that will make a difference – Sigma Phi Epsilon *does* impact the world.

The Quest to Greece is made possible by the Sigma Phi Epsilon Educational Foundation through the gifts of alumni, parents and friends. For details supporting this program see page 26 or visit www.sigep.org/foundation.

You Have the Power to Make A Difference



New Member Camps

Take our new members. Put them in a camp setting for 24 hours. Bring in the experts. And teach them what a Fraternity really is. What it can be. What it stands for. What it believes. Teach them about choices, and morals, and goals. Put them back on campus and watch them shine. SigEp wants new brothers who will make us

all proud? SigEp's New Member Camp.

Carlson Leadership Academies

Every chapter has officers. Every officer is a leader. But does every officer know how to lead? The Carlson Leadership Academies teach undergraduates the skills needed to lead a group of men, their peers. They learn about problems. They learn about solutions. They learn about themselves. A SigEp chapter is a lab where its members learn to lead, learn to work together, and learn to stand up for what is right. The Carlson Leadership Academies give them resources to do all three.



Ruck Leadership Institute

A Sigma Phi Epsilon Top Gun – definition: The best of the best, the undergraduate that everyone looks up to, that believes in the chapter, and that creates change with his every action. We take the Top Guns from across the country and



put them together. Four days. Constant activity. One guiding principle: Sound Mind and Sound Body. They learn from each other and from alumni. They leave motivated, focused, and ready to change the world starting with their own chapters.

Quest to Greece

The vacation boys go to Padre. The Balanced Men go to Greece. The World needs leaders. Leaders need balance. Sigma Phi Epsilon gives its most talented Brothers the chance to see the World and study where 'balance' began – Ancient Greece. It's no field trip. It is a journey to the past with a mission: to bring back knowledge to help build a stronger future. It is a symbol of our commitment to Building Balanced Leaders. It is a symbol of Sigma Phi Epsilon's strength.



The Leadership Continuum: All of the above.

Really, what good is a fraternity if it doesn't make a difference?

You have a choice

Your tax-deductible gift to the Sigma Phi Epsilon Educational Foundation goes where you want it to go.

These four key programs are the SigEp Leadership Continuum: learning experiences that focus on personal leadership development that will build Sigma Phi Epsilon's Balanced Leaders for the World's Communities.

There's a Foundation envelope in this Journal. Please enclose your donation and designate the program you support. Your gift will be used only for that program.

Or, simply leave the boxes blank and the Sigma Phi Epsilon Educational Foundation Trustees will use your gift where it is most needed.

No matter what the amount. YOU have the power to make a difference and YOU have the ability to say how.

"To give away money is an easy matter and in any man's power. But to decide to whom to give it, and how large and when and for what purpose and how, is neither in every man's power nor an easy matter."

— ARISTOTLE



**In 2000,
approximately
40 million
American
adults were
classified
as obese.**

Rising Obesity

How SigEp can help you live your best life

by E. Scott Thompson II, Southern Mississippi '00



"This article sends an important message on a significant health issue in this country. It underscores the need to understand that obesity does in fact lead to medical complications, and more importantly that we, individually and Chapters, can take steps to become better informed and then act to achieve healthier lifestyles."

John C. Petricciani, MD, Rensselaer '58

A SURVEY CONDUCTED BY the Center for Disease Control in 1999 revealed that 13 percent of children between the ages of six to eleven and 14 percent of adolescents between the ages of 12 to 19 are obese. This statistic has nearly tripled for teenagers in the past two decades. What has caused this rise in obesity, and what does this mean for SigEp?

The increase in obesity can be attributed to a number of habits that are formed while early in life. Since we live in a

highly modernized society, technology makes it easier to spend time in front of the TV and computer screen and less time engaging in physical activity. For many children, their after-school ritual consists of playing video games, watching TV, and surfing the internet. Some schools do not have extracurricular activities that keep the body and mind engaged. Fast food and other convenient-eat-as-you-go meals are not nutritionally sound. There are plenty of alternatives to

meals at school as well. Vending machines with snacks and sodas are often loaded with “empty” calories, high in sugar and low in nutrients. To make matters worse, the habits we form as children and adolescents usually carry over into our adult lives, and this puts us at risk for a variety of health problems later in life.

SigEp has an opportunity to help its members build a Sound Mind in a Sound Body. By exhibiting care and concern for the welfare of its members, SigEps are poised to help their brothers make the best decisions and adopt the best habits. This requires chapters to be vigilant. If the chapter does not have a strong emphasis on the Balanced Man Ideal, then by default the chapter reinforces the unhealthy habits in its members. If we promote measures that will reduce the risk of health problems such as heart disease, then we will be helping our brothers to live the best life they can. That in turn means they will be alive longer and be in better health.

Fortunately there are many resources on campus that can be helpful with educating our brothers about obesity. The campus health center should have pamphlets and other information that pertains to obesity. Their staff can work with the chapter and present a discussion on a sound diet and effective exercise routines. Several chapters have men who study exercise physiology. These brothers can be a huge asset to their chapter. **Dennis O. Kaps, Ohio State '03**, is a certified personal trainer, and he encourages his brothers to set fitness goals. Kaps then helps them to select a program that will help them achieve their goals. **Jason L. Moss, Alaska-Anchorage '04**, is a personal trainer, and he organizes chapter workouts.

The key is to not view these resources as a one-time solution. These are habits that should be developed if one

expects to maintain a healthy lifestyle. It takes approximately 21 days to form a habit.

Children and adolescents are not alone. In 2000, approximately 40 million American adults were classified as being obese. This figure represents an estimated 19 million men. Consider the fact that every year 300,000 Americans die from obesity, and that obesity is linked with heart disease, certain types of cancer, stroke, and depression. Alumni are often consumed with work and cannot find the time to work out. Some simple tips to help increase activity and reduce calories include: taking the stairs instead of the elevator, walking or riding a bicycle to work, drinking water instead of sodas, and not eating after 6:00 p.m. Local gyms usually have trainers that are available for consultation. The internet has many websites that are dedicated to developing healthy habits including www.sigep.org, www.realage.com or www.menshealth.com.

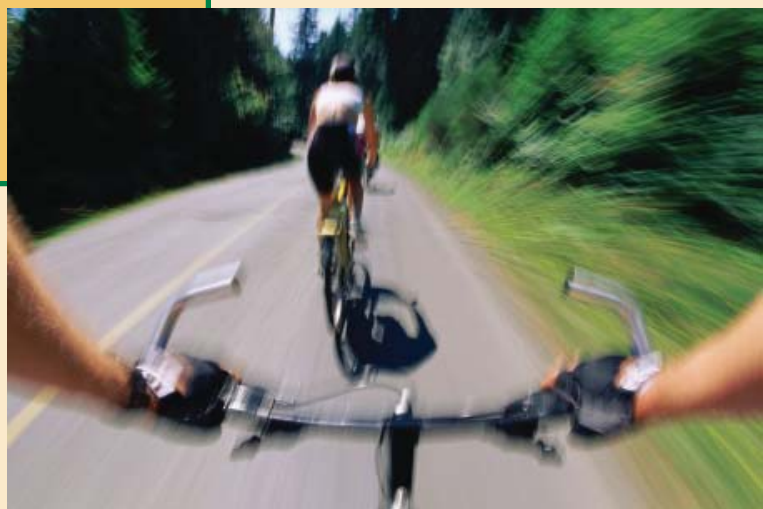
SigEp, at its best, helps its members, young and old alike, live the best lives possible. By living the Balanced Man Ideal of developing a Sound Mind in a Sound Body, our brothers will reduce their risk of the medical complications associated with obesity. 🚴

What is Obesity?

Obesity has been defined as having a Body Mass Index (BMI) that is greater than 30. Someone with a BMI that is between 25-29 is considered overweight. You can calculate your Body Mass Index by dividing your weight in pounds by your height in inches. Then, divide the result by your height in inches and multiply the result by 703. For example, a male weighing 210 pounds and is six feet tall would have a BMI of 28.48. This person is overweight by definition.

Is that Accurate?

The problem with this formula is that professional athletes who are very muscular would be considered obese. Another method to use in addition to the BMI would be measuring your waist. Males with a waist that measures greater than 40 inches (35 inches for females) are considered high risk for medical complications associated with obesity. To accurately measure your waist, use a tape measure and measure the distance around the smallest area below the rib cage and above the belly button.



Florida Alpha, 129 Men Strong, Tells Us How They Do It

Each issue of The Journal will focus on one chapter and its recruitment strategies. The topics include: formal recruitment, Balanced Man Scholarship, year-round recruiting, and summer recruitment. For this issue, Florida Alpha at the University of Florida discusses their plan for formal recruitment.

SigEp is a dominant force at the University of Florida. The chapter is consistently one of the largest fraternities on campus, and the chapter GPA is consistently above 3.15 and perennially in the top three on campus. The chapter takes most of its new members during formal recruitment also known as “Rush.” Current Chapter President, and 2002 Balanced Man Quest to Greece participant Kyle Jones talks about Florida Alpha’s keys to winning the formal recruitment game.

Journal: How does the fraternity recruitment process work at the University of Florida?

Jones: For the most part, fraternity recruitment takes place during Fall “**Rush**” Week. This is when the fraternities host recruitment events and extend bids to potential members. There are 32,000 students and around 3,000 men attending “Rush” Week, of which SigEp will meet about 500.

Journal: How does Florida Alpha prepare for a successful Fall “Rush” Week?

Jones: We **start early in the summer** by using networking skills and planning recruitment events. Our brothers that head back home for the summer try and find good guys that will be attending UF in the fall. Our brothers that stay in Gainesville work on meeting and building relationships with potential members during orientation. We also run the **Balanced Man Scholarship (BMS)** to build relationships with sharp guys. The BMS typically yields about 350 applicants, and we recruit at least 10 of these men. At the BMS banquet, the chapter will award the winner of the scholarship. We also give out scholarships to men in the chapter. This year we hope to recognize brothers who live Sound Mind and Sound Body. This is just a good way to show how we are committed to being the best fraternity. During the week prior to formal recruitment, the entire chapter spends time cleaning the house.

Journal: What are some typical recruitment events hosted by Florida Alpha?

Jones: To be honest, we aren’t really big on having elaborate events. We use events as an opportunity for the recruits to get to know us and vice versa. Therefore, **we keep events fairly simple**. Some examples include barbecues at a brother’s home, a live band at the chapter home, and non-alcoholic theme parties. Guys are going to attend an event because of a

personal invitation, not because of a flyer advertising an outrageous event.

Journal: What are Florida Alpha’s recruitment standards?

Jones: Florida Alpha strives to recruit the Balanced Man and we use **Sound Mind and Sound Body** in setting our recruitment standards. Potential members must have a commitment to **academics**: most recruits have graduated in the top 10% of their high school class. Potential members must also be **physically fit**. We actively recruit men who played varsity sports in high school and are aiming to remain active while in college. This standard also helps us recruit **varsity athletes**. Finally, we recruit a **diverse** group of men from different backgrounds and with different interests.

Journal: Why has Florida Alpha been so successful during Fall formal recruitment?

Jones: Three factors have combined to help Florida Alpha succeed:

1. Personal relationships help us with recruitment. It’s important for potential members to feel like they establish a personal relationship with a brother during rush. Therefore, chapter brothers often meet with recruits outside of “Rush” activities for lunch, coffee, or just to chat.

2. Hard work and preparation helps us win during formal recruitment. The work we put in throughout the summer ensures a lot of recruitment is taken care of before the events actually begin. Typically, we will already have 10-15 guys we are pretty sure about and more guys that we know we want to work on.

3. Our reputation as the premier fraternity on campus sets us apart. “Rush” is a one-week process and it is often difficult for potential members to really get to know all the chapters on campus in that period of time, in fact, most don’t even try. Therefore, potential members rely heavily on the reputation of each chapter. We make sure our recruits know about the past accomplishments of the chapter and are invested in being a part of a winning future.

Journal: Thanks for your time, any parting words of advice for other chapters?

Jones: Make recruitment your **#1 priority**; your chapter’s future depends on it!



Kyle M. Jones, Florida '03

Ambitions of Purdue SigEps Set Sail



Above: Grant R. Lohse, '02 (left) and Wade H. Miller, '02 (right) hone their sailing skills in the British Virgin Islands in March 2001. Left: A rendering of the patriotic sails and hull.



The aftermath of September 11 left the country in a confused, angry and paranoid state. It also inspired action, and that action took many forms. From hanging the U.S. Flag, to donating time and money to worthy causes, to increasing security in airports and

sporting events, everyone has felt the impact in one way or another. For **J. Matt Brill, '02, Grant R. Lohse, '02, Wade H. Miller, '02, Mike K. Phillips, '02, and Tony A. Thier, '03**, five undergraduates at Purdue, their action has sparked a bold new approach to patriotism and strength. These SigEps have a lofty goal. They are going to raise \$1 million for AmeriCare by establishing their own non-profit, Project

Freedom. Project Freedom's mission is "Promoting American Pride through Philanthropy." In the entrepreneurial American spirit, Project Freedom plans to construct and sail a sailboat from Plymouth, England to New York harbor on the Fourth of July in 2003.

"The project has many important symbolic ties to the United States. We are following part of the Mayflower's voyage. We are arriving in New York harbor and our fleet will be sailing past the Statue of Liberty," said Miller, President of Project Freedom. The group is estimating the construction and voyage will cost \$283,000. They will raise money for the project by soliciting donations from other sailors. Funds will also be raised based on the sailed distance. At the end of the race, Project Freedom will auction the boat and the sum of all profits will be donated to AmeriCare. AmeriCare is a nonprofit disaster relief and humanitarian aid organization, which provides immediate response to emergency medical needs – and supports long-term healthcare programs – for people around the world, irrespective of race, creed or political persuasion. Since its inception in 1982, AmeriCare has delivered over \$2.9 billion worth of medical relief supplies to more than 137 nations worldwide.

Once sufficient funds have been raised, the group will relocate to Plymouth, England to begin construction on the vessel, aptly named Freedom. For more information please visit www.project-freedom.org.

*"Nothing other people do to you can harm
you or cancel the benefit you bestow on
yourself by acting rightly."*

— S O C R A T E S

Arkansas

In the spring of 2002, Arkansas Alpha won several awards at the University of Arkansas' Greek Life Banquet. The chapter won the Highest Fraternity G.P.A., Highest and Most Improved New Member G.P.A., and the Award of Excellence in New Member Education. Professor Jeanne McLaughlin was recognized as the Outstanding Fraternity Faculty Advisor, and she was inducted into the Order of Omega.

Joe C. George, '02, is the Outstanding Greek Man.

Arkansas Tech

Chapter President **Aaron J. Hogan, '02**, is the Student Government Association Parliamentarian and IFC Treasurer. He was awarded the Outstanding Greek Man of the Year for 2001-02. **Adam J. Fowler, '03**, is the Student Body President, and **Jeffery D. Trusty, '03, Josh C. Nation, '03, Albert C. Buford, '04, Weston Self, '04, and Nicholas E.**

Jones, '06, are all Senators. **Joseph R. Foley, '02, Tim R. Adams, '05, Christopher R. Reed, '02, and Justin D. Orick, '05**, are varsity cheerleaders. **Jason C. Collier, '04**, is president of the Residence Hall Association. The entire chapter entered in Zeta Tau Alpha's 5K for Cancer and raised \$800.00.

Baylor

Texas Rho recently took home the most improved GPA award and the award for most outstanding community service. **Ty H. Sheehan, '03**, was recognized as the Outstanding Greek Leader.

Bowling Green

Jon G. Brown, Bowling Green '04, was selected as one of three undergraduates to join the Omicron Delta Kappa Honor Society.

UC-Irvine

Arthur C. Cortez, '03, was elected as the representative for the School of Social Science in the Associated Students Union. Cortez is also the Executive Vice President of the IFC. During the spring quarter, the chapter hosted a roundtable for other chapters in the Los Angeles area. One of the goals is to have a career fair in the middle of October for SigEps to network. The chapter also implemented a speaker series with different faculty on campus. This year the chapter will invite the campus, the chancellor of the school, and mayor of Irvine to attend.

CSU-San Bernardino

California Upsilon was awarded the President's Trophy recently for being the top fraternity on campus in Academics, Athletics, Service, and Leadership.

Cal Poly San Luis Obispo

The chapter voted in the spring to convert one of the bedrooms in their chapter home into a study room. It will have two computers, a copy machine, and space to study. The room will also be used for executive board and committee meetings. Lost rent will be split between the members. California Tau is committed to improving their academic culture.

Central Arkansas

Every spring, Arkansas Zeta has an annual "Dad's Day." This year, chapter members and their fathers built a backyard privacy fence, painted the interior of the chapter house, and put in a private parking pad for guests. Five fathers joined the Arkansas Zeta Parent's Association.

Central Florida

Florida Mu ended this year as IFC intramural champions, with regular season and tournament titles in football, basketball, baseball, soccer, floor hockey, softball, co-ed soccer, singles tennis, doubles tennis and 3-on-3 basketball. Their 2.86 GPA is third out of 19 fraternities.

Columbia

New York Phi awarded college scholarships to two young men attending high schools in Harlem. At a reception in the fraternity's 113th Street house, the brothers of SigEpsilon

Top 30 Total Lifetime Members

| | | |
|-----|-----------------------------|------|
| 1. | Florida | 2456 |
| 2. | Texas | 2332 |
| 3. | Purdue | 2317 |
| 4. | Colorado State | 2184 |
| 5. | Nebraska | 2167 |
| 6. | Auburn | 2040 |
| 7. | Indiana | 1962 |
| 8. | Tennessee | 1933 |
| 9. | West Virginia | 1849 |
| 10. | Oregon State | 1827 |
| 11. | Oklahoma State | 1819 |
| 12. | Delaware | 1796 |
| 13. | Washington | 1767 |
| 14. | Kansas State | 1763 |
| 15. | Michigan | 1753 |
| 16. | Illinois | 1746 |
| 17. | Colorado | 1732 |
| 18. | Kansas | 1729 |
| 19. | Ohio Northern | 1729 |
| 20. | Ball State | 1686 |
| 21. | Missouri | 1678 |
| 22. | Washington State University | 1643 |
| 23. | Arkansas | 1628 |
| 24. | Southern California | 1620 |
| 25. | North Carolina State | 1613 |
| 26. | Miami (Ohio) | 1609 |
| 27. | Syracuse | 1605 |
| 28. | Ohio State | 1600 |
| 29. | Iowa State | 1596 |
| 30. | Oklahoma | 1561 |

presented the first annual Balanced Senior Awards to graduating seniors Fausto Jimenez, of Asa Philip Randolph Campus High School, and Pierre Hypolite, of Frederick Douglass Academy. The Balanced Senior Award was created last year by the members of New York Phi to recognize the Balanced Man Ideal in the lives of graduating seniors. Brother **Mike Fanous, '03**, is the new School of Engineering and Applied Sciences student council inter-group representative. **Matt S. Blasco, '04**, is the new student council 2004 class representative.

Central Missouri

Missouri Theta has recently won their 13th consecutive intramural championship. During Greek Week the chapter was recognized for its outstanding community service/philanthropy, public relations, and scholarship.

Cornell

Jason B. Conn, Cornell '03, received the Greek Leader of Distinction Award at the Northeast Greek Leadership Association Annual Conference. Conn is IFC President.

Davidson

The undergraduates at North Carolina Epsilon took home three out of four possible awards at the all-Greek Court Awards Banquet. The chapter won the Philanthropy/Community Service Award, the award for best New Member Development Program, and the award for Most

Involved Organization.

Eastern Illinois

At Illinois Nu, **Russell D. White, '02**, is the IFC President and the fourth SigEpsilon IFC president the chapter has produced in its ten-year existence. **Tyson N. Heisner, '03**, is the IFC Vice President of Risk Management. **Kyle A. Perry, '04** and **Russell D. White, '02** were recognized as two of the Top Ten Greek Males. For the Spring semester, the chapter finished first in Greek Sing, a competition that SigEpsilon has won for nine consecutive years. SigEpsilon also leads all fraternities with a 2.91 GPA.

Florida

Florida Alpha sponsored a Little League baseball team and hosted the players, coaches, family, and friends for a

Chapter News

L I F E A C C R O S S T H E U S A



Florida SigEps and their Little League team in front of the chapter house.

year-end pizza party and trophy presentation. This provides an opportunity to demolish the “frat boy” stereotype on an individual basis with the Gainesville community. Last semester Chapter President **Kyle M. Jones, '03**, was elected Student Body Treasurer.

Florida International

Florida Nu was awarded the Miracle Cup, an award presented to one organization on campus for their involvement in the school's Dance Marathon. The chapter also won Greek Week and **Alex Corzo, '03**, was selected as Outstanding Greek male.

Alex Corzo, '03, **Alexander Zarut, '03**, and **Marcos D. Acosta, '04**, spent their spring break at Ground Zero in New York volunteering in conjunction with the Salvation Army. They received national coverage from the news television show *48 Hours* as well as *The New York Times*, *The Washington Post* and *The Sun-Sentinel*.

George Mason

Virginia Mu won All-Sports Championship for the 2001-02 year. This was the first time the chapter received the award. The chapter also won Greek Week and is prepared to recruit well this fall.

Illinois

Nick J. Olenec, '05, and **Patrick T. Manning, '04**, have been accepted into Alpha Kappa Psi, a professional business fraternity. The total number of SigEps in the fraternity is now up to twelve. At the Greek Excellence Awards, SigEp was

recognized for the most community service hours, and **John A. Hemingway, '02**, won Greek Man of the Year. **Patrick L. Nguyen, '02**, and **Steve C. Emme, '02**, were named to the Senior Top 100. **Steve C. Emme, '02**, **Brad R. Keyworth, '02**, and **L. Leo Sze, '02**, made the Bronze Tablet. This distinction is given to seniors who graduate in the top three percent of their college.

Illinois State

Illinois Zeta won the intramural Supremacy Cup for the second consecutive year. The chapter placed first and second in flag football, first and third in basketball, and first in softball. The chapter also won Delta Delta's Mud Volleyball, Chi Omega's March Madness, and placed second in Delta Zeta's Dream Man competition.

John Carroll

Over the summer the chapter officers had three retreats on Lake Aurora in Ohio with their chapter counselor, **Vernon K. Burger, Ohio State '61**, Alumni Board President **Ryan L. Uhde, Baldwin Wallace '99**, and District Governor, **Michael J. Skordeles, Defiance '93**. They set goals for the upcoming year, which included receiving their charter and having a 3.15 GPA. The chapter finished the spring by winning Greek Week and receiving the Sportsmanship Award for intramurals.

Louisiana State

Freshman **Chris H. Hester, '05**, has been elected as one of nine voting justices on the Judicial Board.

Miami (Florida)

Armando Guterrez, Jr., '03, was elected Chairman of the Florida College Republicans, which oversees 26 College Republican chapters in the state of Florida and over 10,000 Active Florida College Republican members. Guterrez was chosen to fill one of the limited dual internship placements in

Remembering Their Fallen

Sixty years ago the United States surrendered to the Japanese on the island of Corregidor, and the infamous Bataan Death March ensued. Thousands of American POWs were marched 55 miles north to the nearest train station. Many men perished along the way due to torture, exhaustion, and malnutrition. Among them were ten brothers from the New Mexico Alpha Chapter. These men, like many other SigEps, fought for their country and “made the ultimate sacrifice.” On April 14, 2002, over 80 SigEp alumni, undergraduates, and guests paused to remember their struggle. At the University Memorial Chapel, **Father Jack C. Robinson, Washburn '75**, led a memorial service in honor of the New Mexico soldiers that perished in the Philippines. Afterwards the chapter dedicated a plaque that will be hung in the chapter house.



Undergraduates and alumni pause to remember the loss of ten New Mexico Alpha brothers during the Bataan Death March.

Top 30 Undergraduate Manpower

| | | | | | |
|-----------------------------|-----|---------------------------|-----|------------------------|----|
| 1. Oklahoma | 163 | 11. Tennessee | 101 | 21. Mississippi | 95 |
| 2. Purdue | 137 | 12. Ball State | 100 | 22. Florida State | 94 |
| 3. Texas | 137 | 13. Northwestern | 100 | 23. Southeast Missouri | 93 |
| 4. Florida | 129 | 14. Washington | 100 | 24. Texas A&M | 93 |
| 5. Wisconsin | 119 | 15. Worcester Polytechnic | 100 | 25. Auburn | 92 |
| 6. Oregon State | 118 | 16. Kansas | 97 | 26. Dartmouth | 89 |
| 7. Nebraska | 111 | 17. Illinois | 97 | 27. Loyola Marymount | 89 |
| 8. Western Michigan | 110 | 18. Arizona | 96 | 28. Eastern Illinois | 88 |
| 9. St. Louis U. | 105 | 19. Iowa | 95 | 29. Kansas State | 88 |
| 10. Washington in St. Louis | 103 | 20. Georgia | 95 | 30. Missouri | 88 |

both the United States 11th District Court and Florida US Senator Bill Nelson in Washington, D.C.

Miami (Ohio)

Miami Ohio SEC established weekly study hall hours on Mondays, and the chapter works out together every Tuesday. Both events are not mandatory, and the chapter is copying these practices from the Syracuse SEC.

Minnesota

C. Jasen Peterson, '04, received the Thomas R. Pickering Foreign Affairs Fellowship. This fellowship provides full financial support during the junior and senior years in college and the first year of graduate study. As part of the fellowship, Jasen will attend a seven-week summer institute. This institute consists of a domestic and international internship. Jasen will have a Foreign Service Officer mentor during graduate school. Once he has his master's degree, Jasen will spend four years as a Foreign Service Officer.



C. Jasen Peterson, Minnesota '04

He recently finished an internship in Congress with Jim Ramstad, R-Minn.

Monmouth

Matthew J. Coultrip, '02, won the Greek Leader of the Year Award and **Scott K. Shaw, '02**, won the Senior of the Year at the annual honors convention.

Northwood

Michigan Iota held their annual Chris Lockwood Foundation Golf Outing. The Chris Lockwood Foundation provides students with scholarships and has raised over \$100,000.00.

Mathew J. Oates, '02, organized this year's fundraiser. At the Golden Greek Awards, awarded by Northwood faculty, SigEps won awards for Risk Management, Academic

Excellence, and the President's Award. **Jeffrey S. Nethercot, '02**, received an individual Academic Excellence Award, and **Todd R. Murdock, '02**, was recognized as the Greek Man of the Year. Murdock graduated as salutatorian.

Ohio State

At the Greek Awards Banquet, SigEp won the Chapter of the Year Award. The chapter recently partnered with the Salvation Army to prepare and deliver 1200 meals to the hungry in Cleveland and Columbus. Fraternity members worked in three shifts to accomplish the goal. Members cooked the food, prepared and packed the meals, and then shipped the food.

Pepperdine

Pepperdine SigEps were elected to six positions in student government. **Ben J. Elliot, '03**, is SGA President, **Giuseppe Nespoli, '04**, is SGA Vice President, **Dusty D. Farned, '05**, is SGA Treasurer, **Eddie A. Policastro, '03**, **Scott D. Withycombe, '05**, and **Ryan L. Breedyk, '05**, are all SGA Senators. **David O. Chang, '04**, **David C. Miller, '04**, **Kyle J. Packham, '04**, and **Kirwin M. Watson, '04**, are all Residence Hall Advisors. At the Greek Awards Banquet, individual awards were won by **Phil D. Vaughn, '02**, – Officer of the Year, **Frank T. Ko, '97** – Chapter Advisor of the Year, **Chris Sangster** – Faculty Advisor of the Year, **Andy E. Cruz, '01**, – Alumnus of the Year. The chapter was recognized with awards for philanthropy, new member programming, website, IFC spirit, and rock design.

Richmond

Chris F. Botterbusch, '03 and **Matt A. Kippeny, '04**, were elected to serve on Jepson School of Leadership Studies Senate. The chapter was also recognized as the most outstanding chapter.

Rider

Five years ago New Jersey Zeta began its active support of the annual Sean M. Morris Golf Benefit. The event benefits

Continued on page 35

Phi Beta Kappa Wheelhouse: Spring 2002

At the time of printing, 102 out of 259 chapters have reported their grades. The following SigEp chapters with cumulative GPAs of 3.15 or higher for Spring, 2002, are in the Phi Beta Kappa Wheelhouse.

| COLLEGE / UNIVERSITY | GPA | COLLEGE / UNIVERSITY | GPA |
|-------------------------|------|----------------------|------|
| St. Louis U. | 3.40 | Valparaiso | 3.25 |
| North Dakota | 3.37 | Georgia | 3.23 |
| Northwestern | 3.37 | Washburn | 3.22 |
| Drake | 3.32 | Florida | 3.21 |
| NYU | 3.31 | Minnesota | 3.19 |
| Miami (Ohio) | 3.30 | Miami (Florida) | 3.18 |
| Denison | 3.29 | Tennessee-Martin | 3.17 |
| Washington in St. Louis | 3.28 | Southern Methodist | 3.16 |
| Maryland | 3.27 | Kentucky Wesleyan | 3.15 |
| Illinois | 3.25 | | |

HOW TO MAKE THE WHEELHOUSE

Drake

Members of Drake SEC commit to helping each other with their academics and achieving their personal best. If a member's GPA drops below a 2.75, members help tutor, provide academic resources, and find a way to drive the GPA up. The chapter leadership takes academics seriously, knowing they must hold themselves to the same standard. This inspires the rest of the chapter to follow their



Drake's chapter house.

example. Since the chapter house is substance-free, members create an environment where the chapter house is used for studying. On any given night, SigEps spend time studying together, and the members that live on-campus come to the chapter house to study.

Georgia

Faculty Fellow Victor Wilson plays a large role in the academic success of the chapter. His office is located in the chapter house, and he is able to spend time with members advising them on a number of topics. Wilson also helps the chapter set its academic goals. He has created an incentive the chapter uses – the Wilson Scholars plaque. Men with a 3.5 GPA or higher have their name added to this plaque that is displayed in the chapter house. Other incentives include dues reduction for members that make the Dean's List.

North Dakota

North Dakota Alpha recruits men with a minimum 3.0 GPA and previous experience in sports, leadership, and community involvement. The men do more than attend class. They sit in the first few rows during lectures and meet their professors outside of class. They make it a point to develop relationships with their advisors. Professor Barbara Graham holds office hours in the chapter house and advises the brothers on academic and personal issues (see p. 39). SigEps make it easy to study at the chapter house by keeping the facility clean. It becomes easy for SigEps to do well and difficult for them to do poorly.

Washburn

Kansas Delta recruits men with a minimum 3.0 GPA in high school and at least a 20 ACT. Rooms in the chapter house are assigned by academic performance, not seniority. Individual and chapter GPA goals are posted, creating a tangible reminder for everyone. Many other factors help to attain this level of achievement. Quiet hours are continuous from noon Sunday to noon Friday, and from 2 a.m. to 8 a.m. on Saturday and Sunday. Incentives are given based on academic performance. The new member with the highest GPA receives a \$300.00 scholarship. Other scholarships are given for most improved and GPAs that are greater than a 3.6. The chapter also utilizes their faculty advisor Dr. Loran Smith as a resource.

children with cancer, and chapter counselor, **David Keenan, '96**, got the chapter involved. Participation has more than doubled and this year over 30 participants played in the tournament. In addition the chapter signed on as sponsor to the program. Sponsorship money was raised with a nonalcoholic dance held in the chapter's new house.

San Diego State

Austin W. Bailey, '02, is the 2001-02 Greek Man of the Year and **Ron D. Smith, '69**, is the 2001-02 IFC Chapter Advisor of the Year. Both brothers were recognized at the Greek Life Banquet held in the Spring.

South Carolina

South Carolina Alpha has won the IFC Intramural Championship. The chapter has won the title six out of the last seven years. Recently the chapter raised \$800 for the American Cancer Society by having a "Car Wash 4 Cancer" in the memory of Kensey Black Jones, the late wife of chapter counselor, **Franklin M. Jones, '95**. She passed away from cancer last year.

Syracuse

The men of Syracuse SEC have recruited varsity athletes **Brian McNeil, '05**, and **Tim Scarpinato, '05**. McNeil and Scarpinato are distance runners on the track team. The chapter ended the spring semester second out of 27 fraternities in academics. Chapter has a 3.08 GPA.

Tennessee

Tennessee Alpha recently awarded \$45,000 in scholarships to 44 undergraduates at the chapter's annual Founders Day reception. The scholarships recognize commitment to SigEp and the University of Tennessee. Academics, Campus and Intramural Involvement, and Financial Need are the criteria. The first alumni awarded scholarship was given at the 1980 Founder's Day dinner. This year's Founder's Day dinner had almost 300 alumni, undergraduates and guests in attendance.

Toledo

Donovan T. Nichols, '04, was elected Student Body President. **Jason M. Rodriguez, '03**, **Greg A. Wilson, '04**, **Brett R. Gerig, '03**, **Jared R. Shoup, '02**, and **Donovan T. Nichols, '04** are five out of seven men on Mortar Board. **Nick A. Motil, '04**, was the only male to receive the Mortar

Wheelhouse Perennials

The chapters below emphasize serious students in their recruitment efforts and Sound Mind as a foundation for their chapter. These chapters have been in the Phi Beta Kappa Wheelhouse three or more semesters/quarters.

| | |
|-------------------------|---|
| Denison | 6 |
| Florida | 6 |
| Illinois | 6 |
| Northwestern | 6 |
| Case Western Reserve | 5 |
| Miami (Florida) | 5 |
| Rochester | 5 |
| Washburn | 5 |
| Dartmouth | 4 |
| Davidson | 4 |
| North Dakota | 4 |
| St. Louis U. | 4 |
| Washington in St. Louis | 4 |
| Baker | 3 |
| Bucknell | 3 |
| Chicago | 3 |
| Columbia | 3 |
| Drake | 3 |
| Georgia | 3 |
| Kentucky Wesleyan | 3 |
| Penn | 3 |
| Rutgers | 3 |
| Stanford | 3 |
| Syracuse | 3 |

Board Underclassman Award. **Donovan T. Nichols, '04** and **Greg A. Wilson, '04** are also members of the Blue Key Honor Society.

Truman State

In April, Missouri Mu completed it's 12th annual Vince Run. Over 80 brothers took part in this relay-style race from the chapter house in Kirksville, Missouri to Beth Haven Nursing Home in Hannibal. The run is for alumnus **Vincent P. Lukowski, '87**, who was involved in a near fatal car crash in June of 1985. Lukowski was rendered a quadriplegic and lives at the Beth Haven Nursing Home. SigEp presented the home with a contribution of \$1,000. The event was featured in the local newspaper, and two television stations.

Washburn

Kansas Delta recently won Chapter of the Year for the tenth consecutive year-every year it has been awarded. The chapter also had highest GPA for the fall 2001 and won Greek Week and the WSGA Intramural Championship. The chapter has won this award five out of the past six years.

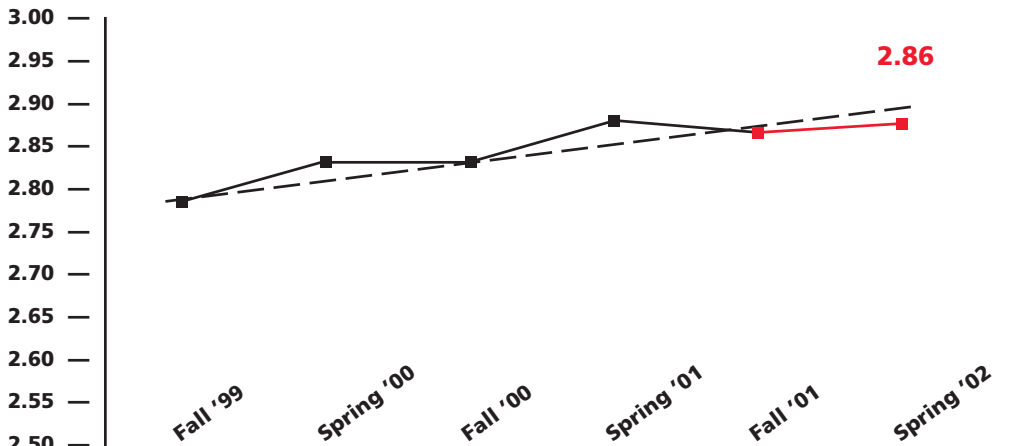
Western Carolina

North Carolina Pi won the Excellence Award in Community Service and the Excellence Award in Programming for 2001. The chapter has won these awards for the second consecutive year. Brother **Billy K. Smith, '04**, received the highest GPA Award. Four SigEps were also inducted into Order of Omega: **Ryan A. Barnes, '03**, **H. Justin Pace, '04**, **Jeremy J. Helton, '04**, and **Billy K. Smith, '04**.

William & Mary

Following the September 11 tragedy, the Virginia Delta chapter helped the Red Cross with their blood drive at the William & Mary Recreation Center. They attended the men's soccer game that evening and passed out information on other blood drives in the area, and collected donations to help victims of the attack. In the spring, the chapter hosted a soccer tournament benefiting the American Cancer Society, in honor of **William McGough, '93**, a SigEp alumnus who died of cancer. The chapter GPA has increased to 2.94, and the chapter set a goal to break the 3.00 mark.

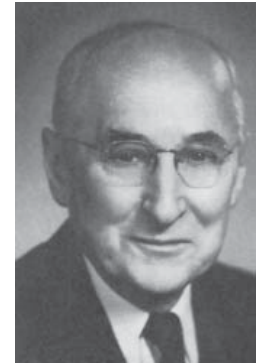
Sigma Phi Epsilon National Fraternity GPA *Moving toward a 3.0!*



"This fraternity will be different..."

— CARTER A. JENKINS, FOUNDER

"You cannot carve rotten wood."



**Professor U. G. Dubach,
Oregon State '13**

Brother Dubach, longtime National Scholarship Chairman believed that SigEp should recruit men who wanted to achieve their diploma and had "character and brains."

Our Very Own Frat Boys

As wonderful as our academic progress is, it does not take much to reinforce negative stereotypes about Greek Life. Wake Forest, North Carolina Zeta, our perennially strong 80-man chapter nearly closed.

Wake Forest

Seemingly innocuous actions can make big headlines. On April 20, 2002, the chapter had an off-campus party at a picnic shelter in a local park. The party had a barnyard theme and featured a pig the young men had purchased from a local livestock farm. Sometime at the end of the party that evening, the pig escaped from its pen and ran into the park. After it was discovered the next day, allegations surfaced about the treatment of the pig. Widespread media coverage suggested that the chapter had mistreated the pig and then chopped off its tail.

Sigma Phi Epsilon and Wake Forest University responded by suspending the chapter, pending a full investigation. Unfortunately, these allegations were

based on little factual information but probably more on people's perception of fraternities.

At the conclusion of the investigation, the allegations of mistreatment were proven false. The pig was purchased at a slaughterhouse, where its tail had been removed. Three members of the chapter were charged with animal abandonment, and twenty-three members were charged with allowing livestock to run loose – all misdemeanor offenses.

Currently, the local volunteers and headquarters staff are working with the school to rebuild the chapter with a greater appreciation of the mission of Wake Forest and the ideals of Sigma Phi Epsilon. The experience has been educational for all involved. It shows that when chapters make decisions that thrust them into the spotlight, they can quickly lose control of the consequences. From all reports, the chapter had a pig at its party that escaped. One week later their chapter was in jeopardy, and the name of Sigma Phi Epsilon was sullied. The chapter was suspended and nearly removed from campus. A similar series of events can happen to any chapter.

At the time of printing, we do not know what will happen to the members in court. Their trials are scheduled for October.



Regional Directors

PROVIDING A HIGH LEVEL OF SERVICE

Regional Directors 2002-2003

The Regional Director experience is a special one. During the academic year, Regional Directors serve as consultants, coaches and mentors to chapters across the country. Sigma Phi Epsilon's Regional Directors are the best recent graduates the Fraternity has to offer.

**Corey S. Adams, Worcester Polytechnic '02**

Alabama, Florida, Georgia, and South Carolina
cory.adams@sigep.net

- Biology (pre-med major)
- Played varsity football

**Jeff T. Keltner, Stanford '02**

New York, Connecticut, Massachusetts, Vermont, New Hampshire, Maine

jeff.keltner@sigep.net

- Computer Systems Engineering major
- Has worked for several Internet "start-ups" in Silicon Valley

**Gustavo (Gus) F. Burkett, Maine '02**

Missouri, Kansas, Nebraska, Iowa, Minnesota, South Dakota, and North Dakota

gus.burkett@sigep.net

- Business administration major
- Originally from Santa Fe, Argentina

**Luke D. Luttrell, Wichita State '02**

Kentucky, Tennessee, Mississippi, Louisiana

luke.luttrell@sigep.net

- Mechanical Engineering major
- Has served an engineering internship with Raytheon Aircraft Company

**Ben W. Deal, Colorado State '02**

SEC Director

ben.deal@sigep.net

- Business management major
- Former soccer player at CSU

**John M. Mize, Oregon '02**

Ohio and Michigan

john.mize@sigep.net

- History major
- Originally joined SigEp at George Washington University and transferred to the University of Oregon

**Chris S. Fidyk, Columbia '02**

Virginia, North Carolina, D.C., Maryland

chris.fidyk@sigep.net

- Computer science major
- Originally from Los Angeles and was a varsity basketball player for several years at Columbia

**Corey B. Schuler, Valparaiso '02**

Northern California, Nevada, Utah, Colorado, Wyoming, Montana, Idaho, Oregon, Washington, and Alaska

corey.schuler@sigep.net

- Chemistry / Theology major
- Completed an internship with NASA last summer in Virginia

**Bayard V. Gennert, Case Western Reserve '02**

Pennsylvania, West Virginia, New Jersey

bayard.gennert@sigep.net

- BS Systems and Control Engineering major
- Is an extremely talented musician. His instrument of choice is a trumpet.

**Brian A. Shawn, North Dakota '02**

Illinois, Indiana, Wisconsin, and the Upper Peninsula of Michigan

brian.shawn@sigep.net

- Communications / Broadcast major
- Worked in TV broadcasting

**Scott Haddock, Tennessee-Martin '98**

Southern California, Arizona, New Mexico

scott.haddock@sigep.net

- Communications Major
- Played Varsity Baseball for UT-Martin

Do you want to be a SigEp Regional Director?

If you are scheduled to graduate by May 2003 and are interested in becoming a Regional Director for 2003-04, contact Joe Capodanno by email at joe.capodanno@sigep.net.

District Governors

KEY COMPONENT TO SIGMA PHI EPSILON'S SUCCESS

District Governors 2002-2003

The District Governor is a distinguished alumnus appointed by the National Board of Directors to represent the Fraternity in one of 28 SigEp districts. He works directly with chapter counselors and alumni boards to ensure that they are prepared to fulfill their respective responsibilities. The District Governor represents the National Fraternity at ceremonial occasions, undertakes special assignments, and is a resource for chapters in

his district. He is expected to attend and participate in the Carlson Leadership Academies, chapter installations, and the Grand Chapter Conclave. Look at the map below to find your District Governor and his contact information. District 14 is vacant. If you are interested in becoming District Governor for this district, please contact Joe Capodanno at joe.capodanno@sigep.net.

District 1

Brian P. Tahmoush

brian.tahmoush@fmr.com

District 2

Robert W. Mead-Colegrove

colegrm@fredonia.edu

District 3

Wendell G. Rakosky

sigepgov@aol.com

District 4

Michael A. Wasyluk

sigep@wasyluk.net

District 5

Joseph W. Langella, Jr.

jlangealla@jurika.com

District 6

Karl M. Woodfill

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District 7

Thomas M. Roth, III

trroth@prodigy.net

District 8

Chad M. Dingman

chadrox@charter.net

District 9

Ken E. Hansing

khansing@uga.edu

District 10

Thomas B. Jelke, Ph.D.

tjelke@indiana.edu

District 11

Joshua D. Lee

joshlee@umich.edu

District 12

Michael J. Skordeles

skordeles@att.net

District 13

Stephen C. Valente

steve_valente@campbellsoup.com

District 14

Vacant

District 15

Thomas A. Barton

tnbarton@aol.com

District 16

Dan M. Van Treese, Sr.

dvtsp@hotmail.com

District 17

Scott A. Schwartz

saschwartz@att.net

District 18

John W. Hartman

jhar63119@aol.com

District 19

J. Phillip McKnight

pmckni@aol.com

District 20

Phil J. Goeken

sigep@myexcel.com

District 21

Daniel W. McVeigh

DMcVeigh@pclient.ml.com

District 22

James M. Spaith

jmspaith@aol.com

District 23

Steven R. Ruttner

advision@ix.netcom.com

District 24

William M. Sterck

wmspc@aol.com

District 25

Louis O. Constantini

newmex@attglobal.net

District 26

Steven R. Ruttner

advision@ix.netcom.com

District 27

Jeffrey T. Lager

jeff_lager@capgroup.com

District 28

David R. Calderon

drcllegal@msn.com

The District Governor appoints Lt. District Governors. They work with chapters and their alumni boards in a geographic area within the District. Below is the contact information for each Lt. District Governor and their area.

District 3-NJ only

Paul T. Steffens, Jr.

ptsteffens@email.msn.com

District 4-DC, VA

Raymond Leahey

rleahey@mindspring.com

District 6-WV

Brendon P. Costa

Brendon.P.Costa@AEXP.com

District 7-NC

Grahaeme A. Hesp

grhesp@davidson.edu

District 8-SC

Brent E. Bentrinn

brent.bentrim@carolopolis.com

District 9-GA, AL

John E. George

johnmgeorge@aol.com

District 12-Cincinnati Metro

Marcus P. Robinson

marcus.robinson@notes.udayton.edu

District 13-KY only

Raymond B. Shain

rshain2553@aol.com

District 13-Eastern TN only

Kelly L. Williams

utk92@aol.com

District 15-ND, MN, WI, Upper Peninsula of MI

David M. McLaughlin

john.skilton@nationalcity.com

District 16-IN Beta, IN Delta

John F. Skelton

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District 18-St. Louis Metro

Ryan M. Brennan

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District 18-Kansas City Metro

R. Clayton Funk

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District 19-OK

J. Andrew McMillan, Jr.

andy.mcmillan@wgc.com

District 22-KS, NE

Jeffrey C. Gates

jeffreygates@sigep.net

District 27-Northern CA, NV

James M. Amen

jamesamen@aol.com

District 28-Los Angeles Metro

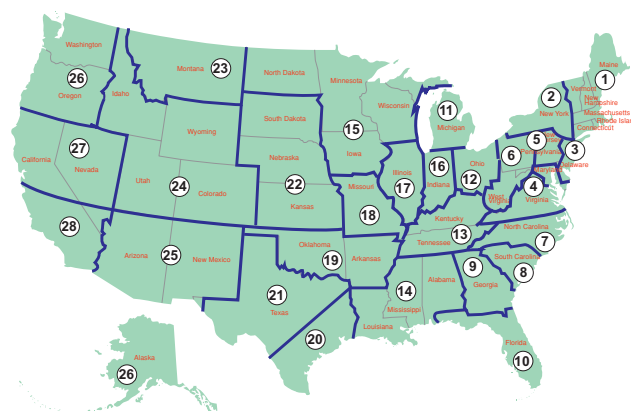
Columbus L. Johnson, Jr.

ciscojohnson@yahoo.com

District 28-San Diego Metro

Alex Y. Kim

akim@san.rr.com



Volunteer Profile

MEET BARBARA GRAHAM, FACULTY FELLOW NORTH DAKOTA ALPHA

“I Tell My Colleagues About My Involvement With the Chapter”



Professor Barbara Graham shares her experience as a SigEp Faculty Fellow.

Barbara Graham is a professor of business at the University of North Dakota and is the Faculty Fellow for North Dakota Alpha Chapter. Professor Graham has made an impact on the chapter's academics. Since her involvement, the chapter GPA has risen every semester from a 3.10 to a current 3.37. Her interaction shows how SigEps are getting more out of their undergraduate experience than most other students. Professor Graham lives in Grand Forks, North Dakota and is married with two children, Jesse, 19, and Jill, 16.

How did you become involved with the North Dakota Alpha Chapter?

SigEps were in my class. I noticed they were courteous and very good students. It was easy to develop a relationship with them. Two members approached me and asked me to be their Faculty Fellow. They described the position, and I was impressed by their maturity and dedication to academics. I met with the officers for an interview and discussion. Then President **Brian A. Shawn, '02**, and Chaplain **Richard H. Andersen, '02**, influenced my decision. I began volunteering in January of 2001.

What is your job description?

My job description has changed. I originally met with the academic chair, and we assisted the members who did not meet the academic standard. I helped by answering their questions about the university, help them find tutoring in tough classes, and provide them with other forms of resources. Last year I spent three hours in the chapter house once per week. This academic year my time in the chapter facility is expanded to two office days per week.

What has changed?

At first I did not know much about SigEp and its mission. I decided to build a personal relationship with the men in the chapter. One of the things I have done is cook dinner and bring it over the chapter house (the chapter does not have kitchen facilities). I also invite small groups of men to have dinner at my home. Getting to know each SigEp creates a relationship that is comfortable for all of us. They allow me to be a regular part of their day-to-day life.

What do you discuss when you meet individually with the undergraduates?

When I advise members who did not meet the academic standard, I find that they do not have clear goals. They are not sure what they want to get out of college and beyond. So I have them list their priorities. From that list we create three small goals, and they would report back on those goals the next week. I walk them into the room with the Academic Wall of Fame and show them they can set small goals that can get them onto the wall [the chapter has a wall that lists the names of members with a GPA greater than a 3.0. It is updated every semester]. I tell them **‘without a target, you can’t hit the bull’s-eye.’** The newest SigEps meet with me, and I conducted a time management session with them.

You mentioned setting goals. What are other traits?

It is difficult to adjust to life in college. The average student fights to fit in socially with living on his or her own for the first time. Do I focus on this or that? This is overwhelming, and that’s why I help them prioritize. It helps for them to see what is important and how to balance their priorities while enjoying their experience. I always stress that you need to set aside one day each week to focus on academics and one to have fun. One of the young men in the chapter went from having a GPA less than a 2.0 to making the Dean’s List the next semester. More importantly, he gained confidence in himself.

Do you have any final thoughts about your involvement with SigEp?

I tell my colleagues about my involvement with the chapter, and they already know what kind of men are in SigEp. Other fraternities and sororities are envious of SigEp. On one occasion a fraternity president told me that I picked a great group to advise. I get a lot back from volunteering with the chapter. It is rewarding to see the difference I can make, and I am thankful these men invited and welcomed me to be a part of their lives.

Champion of Diversity



Bernie Milano, Temple '61

For many years, **Bernard J. "Bernie" Milano, Temple '61**, has been working to increase opportunities for minorities. He serves as president of the KPMG Foundation, the philanthropic arm of one of the world's largest accounting firms. As president of the KPMG Foundation, Bernie founded and administers a nationally recognized program to attract minorities into careers as business school professors. That program, The PhD Project, has doubled the number of minority professors in under eight years. But Bernie's passion for leveling the playing field for minorities began long before he became such a prominent national figure.

Bernie grew up in suburban New Jersey in a town that was diverse for the times. His father owned a dry cleaning business that employed several African American workers. Bernie was exposed to people different from himself in a time when "separate" was far more important to some folks than "equal." In the fall of 1957, Bernie left home for his freshman year at Temple University in the heart of Philadelphia. The city was teeming with people from all over the country and the world—people who looked, talked, and grew up differently from each other. But when Bernie occasionally returned home, his cosmopolitan urban life did not sit well with everyone. Barbers in suburban New Jersey refused to cut his hair because at Temple, Bernie went to a local, black barber.

While at Temple, Bernie joined the Pennsylvania Mu Chapter of Sigma Phi Epsilon and served as the Comptroller, now known as the Vice President of Finance. The fraternity and his new position were a natural fit; Bernie graduated

from Temple with a Bachelor of Science degree in accounting. But it was his experience in the summer of 1959 that would have a lasting impact on his life. Bernie was the voting delegate from his chapter attending that year's Grand Chapter Conclave. Bernie and his fellow undergraduates voted to remove the race restrictions contained in the Fraternity's Bylaws, becoming the first college fraternity to do so. Bernie and his brothers were at the forefront of social change. The Montgomery Bus Boycott

ended successfully three years before. Weeks after the 1957 Conclave, President Dwight D. Eisenhower federalized the Arkansas National Guard and ordered them to escort nine black students into the all-white Central High School. When Bernie and his brothers stood up for equality, Dr. Martin Luther King, Jr.'s "I Have a Dream" speech was still three years away. And the

landmark federal Civil Rights Act of 1965 was six years in the future.

Bernie Milano succeeded helping others, a virtue he learned as a SigEp when he and his brothers publicly denounced discrimination by opening their red doors to men of all races. In February 2002, Bernie stood in the Blue Room of the White House and was sworn in as a member of the President's Board of Advisors on Historically Black Colleges and Universities. He had come a long way from a New Jersey dry cleaning business, and the values he shared with his fellow SigEps were key to his success. Today Bernie lives with his wife, Sharon, and sons Matthew, age 12, and Adam, age 10, in Allendale, New Jersey. He has four older children and five grandchildren.



Brother Milano is sworn in by President Bush in the Blue Room of the White House. Milano is a member of the President's Board of Advisors on Historically Black Colleges and Universities.

Bernie Milano succeeded helping others, a virtue he learned as a SigEp when he and his brothers publicly denounced discrimination by opening their red doors to men of all races. In February 2002, Bernie stood in the Blue Room of the White House and was sworn in as a member of the President's Board of Advisors on Historically Black Colleges and Universities.

Trueblood Awarded to Brother Eberly

Dr. Charles G. Eberly, Bowling Green '63, Chapter Counselor at Eastern Illinois, has been named the 2002 Trueblood Award recipient. The Trueblood Award recognizes the professional contributions, teaching and mentoring of students and young professionals; administration of student affairs programs and research and publications that contribute to the knowledge base of the student affairs profession.

Outstanding Teacher



Dr. James E. Seward, SUNY Buffalo '70

Dr. James E. Seward, SUNY Buffalo '70, received the St. John Fisher College Teaching Excellence Award. The award is given annually to faculty at Fisher College for outstanding work in the classroom. Dr. Seward is an Associate Professor of Communications/Journalism. In the past he was graduate advisor (now Resident Scholar) for Ohio State. In 1980 he served

as District Governor for District 2. He now teaches courses in telecommunications and speech. He also conducts workshops on effective presentations for business and professional groups.



William M. McLaughlin, Minnesota '02, Senate Majority Leader Tom Daschle (D-SD), Senior Senator Paul Wellstone (D-MN), Sheila Wellstone (Paul's Wife) attend a fundraiser for Wellstone in Minneapolis Minnesota.

Senator Wellstone's New SigEp Assistant

William M. McLaughlin, Minnesota '02, has accepted a full time staff position with Senator Paul Wellstone (D-MN). His responsibilities include traveling with Senator Wellstone on a campaign that could decide the fate of the leadership in the Senate. McLaughlin interned on the senator's campaign during the spring of 2002, his last semester as an undergraduate. McLaughlin is one of three Undergraduate Directors on Sigma Phi Epsilon's National Board of Directors.

www.sigep.org

From Mt. Everest to the Vatican, Engle Reaches New Heights

Charles R. "Charlie" Engle, North Carolina '84, first appeared in the Centennial issue of *The Journal*, and that story followed him through the 300 mile Eco-Challenge in Borneo. His life did not stop there. From the Vatican to Vietnam, Engle has had an adventurous year. In April, he and ultra long distance runner Marshall Ulrich had an audience with Pope John Paul II. This was a result of a race they completed in Death Valley. Their race raised money for a Catholic affiliated group that helps feed children in Third World countries.



Charlie Engle, North Carolina '84, shown from the highest peak in North America, Mount McKinley.

In May, Charlie ran in Vietnam's Raid Gauloises, which is the oldest expedition length adventure race. This year's race was the longest ever at over 1,000 kilometers through the jungles, rivers, and mountains of Vietnam. Engel and his group completed the race in nine days, averaging two hours of sleep per night. The event aired on the Outdoor Life Channel, and he carried a video camera to document their travels. In June, Charlie climbed 20,302 feet to the summit of Mt. McKinley, which is the highest peak and second deadliest peak in North America.

Engel is currently preparing for his next Eco-Challenge, which begins in Fiji on October 12. This event can be viewed on the Eco-Challenge website www.ecochallenge.com.



Engle crosses a river in Borneo during the 2001 Eco-Challenge.

Next year is going to be challenging for both Engle and Marshall. In the spring of 2000, they are attempting to set a Guinness World Record by climbing to the top of Mt. Everest and running 600 miles to Calcutta, India. Their goal takes them from the highest point in the world to sea level.

The Edwin M. Wagner Trust – A \$1 Million Resource for the Penn State Chapter's Residential Learning Community

When you walk into the chapter house at Penn State, a Spanish-style three-story home, you can tell you've entered a truly special place. On your left is a spacious living room with a fireplace and beautiful mahogany woodwork; on your right, a dining room that can accommodate the entire 80-man chapter. In front of you is a plaque acknowledging the generous contribution of **Edwin M. Wagner, Penn State '28**.

Born in 1905, Edwin Wagner came to State College, Pennsylvania to study mechanical engineering. After graduating in 1928, Brother Wagner worked in a major dairy company in Pennsylvania for the majority of his career, retiring as the company's Vice President. Although Edwin and his wife, Mildred, had no children of their own, they continued to be great supporters of the students at Penn State. Edwin passed away in 1991 at the age of 86. In his will, Edwin provided a lifetime trust for Mildred. Upon Mildred's passing in 1999, the estate was divided among three parties: Penn State, Edwin and Mildred's church, and the Pennsylvania Eta chapter of Sigma Phi Epsilon. The one million dollar Wagner Trust is restricted specifically to the physical facility.

The Wagner Trust has been a godsend to the chapter. It has allowed the housing corporation to be unencumbered by mortgage payments. Brother Wagner's trust has also been used

to pay for exterior renovations (completed in 2000) as well as a significant part of the current expansion project. The expansion project will happen in two phases. Phase I, to be completed by October, 2002, involves the creation of a new **Residential Learning Community** wing on the lower level of the chapter facility. This will include a state-of-the-art

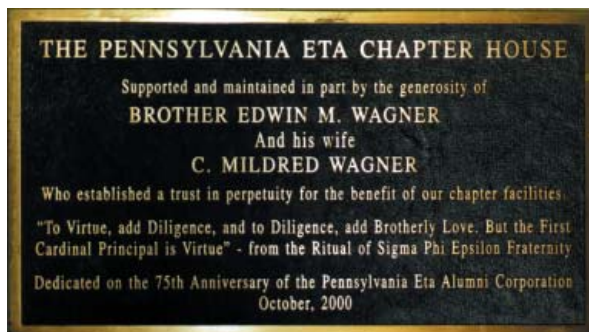
computer lab, a library, and a conference room. The chapter is also creating a beautiful office on the main level for Faculty Fellow Professor Analea Brauburger, who holds weekly office hours for chapter members.

Phase II will consist of an excavation for a second wing on the lower level and the creation of a multi-purpose space for chapter meetings and programs. Phase II will be completed once enough donations have been received,

hopefully within two years. The renovation and expansion projects would not have been possible without sound financial management of the Pennsylvania Eta Housing Corporation and the generosity of Brother Edwin Wagner.

The Wagner Trust was a surprise to the chapter.

According to chapter history, Edwin Wagner was never a chapter officer. Although Brother Wagner lived close to Penn State, he was never involved on the alumni board or the housing corporation. When Pennsylvania Eta alumni were asked about Brother Wagner, they replied that he endowed his gift in this way "because he just loved the house."



Left to right: The Wagner Trust funded the exterior renovation of the Penn Eta chapter house in 2000. A computer lab, library, and conference room will be installed in the lower level. Once completed, the chapter house will have new resources for undergraduates to succeed. The living room has been gutted, and the huge oak floor beams will be replaced.

Merit Award for Third Missouri Zeta Alumnus



Robert J. Rauscher, Southeast Missouri '59

Lewis E. Bock, Southeast Missouri '63, Robert J. Rauscher, Southeast Missouri '59, and Raymond F. Cliff, Southeast Missouri '58, are recipients of the Southeast Missouri State Alumni Merit Award. The award is given to alumni that bring distinction to themselves and the university. Bock is a Senior Account Executive for Allstate Insurance and is serving on the Foundation Board for Southeast Missouri

State University. Cliff is retired from Proctor and Gamble, and Rauscher is retired from the Amoco Corporation. Bock and Cliff received the award in October, 2000, and Rauscher will receive it in October, 2002. The Alumni Merit Award is presented once per year during homecoming.

Scottsdale's Newest Firefighters

Adam M. Shuckart, Northern Arizona '96, and Brent A. Burgett, New Mexico '98, are two of Scottsdale Arizona's newest firefighters. Both men met in February before they began their Fire Academy training. They attribute their success to lessons learned during their undergraduate experiences. The recruits in the Academy Class chose three words to use as benchmarks for their progress. They quickly selected Pride and Unity, but could not think of a third benchmark. Adam and Brent suggested Diligence as the third benchmark, and the group adopted it.

Adam and Brent practiced what they preached. They graduated in the top five percent of their academy class, and Adam was voted the most outstanding recruit by the rest of the academy class.

Adam M. Shuckart, Northern Arizona '96, (left) and Brent A. Burgett, New Mexico '98 (right).



Fickman is Up and Coming Filmmaker

Daily Variety recently described **Andrew J. Fickman, Texas Tech '88,** as one of the "Directors to Watch." He has directed over 25 stage plays and is making his directorial film debut with the teen comedy, *Who's Your Daddy?* for Middle Fork Productions.

After leaving Lubbock, Texas, Andy moved to Los Angeles, and his first job was as a tour guide for Universal Studios. He then became affiliated with an entertainment agency and booked comedy acts.

His big break came when he joined Middle Fork (previously Cinema Line Films) as Vice President of Creative Affairs. While at Middle Fork, he served as Associate Producer on Middle Fork/Columbia Pictures' film *Anaconda*.



Andrew J. Fickman, Texas Tech '88

Andy was a co-founder and managing director of the critically acclaimed Fountain-head Theatre Company. The acting troupe was comprised of such notables as: Ron Livingston, Molly Shannon, and Anne Heche. Andy has written and is set to direct a remake of the 1978 cult film, *Attack of the Killer Tomatoes*. Andy keeps busy with his current projects, and we can expect to see more of his work in the future.

A Role Model for the Boy Scouts

Stephen J. Taylor, Tennessee Wesleyan '76, has been elected as Board Chairman of the Children's Trust Fund of South Carolina. The trust fund provides funding for organizations and programs in the state dealing with child abuse and neglect. Brother Taylor serves as Scout Executive and Chief Executive Officer for the Palmetto Council, Boy Scouts of America. Taylor is a former District Governor for District 8 and currently serves on the Sigma Phi Epsilon National Recruitment Committee.

We Want to Hear From You

Alumni, parents, undergraduates, and friends are encouraged to submit letters, photographs and information to *The Journal*. Comment on articles or tell about your career, achievements, chapter, etc. Send submissions to: *The Journal*, P.O. Box 1901, Richmond, Virginia 23218-1901, Phone: (804) 353-1901, Fax: (804) 359-8160, email: mailto:journal@sigep.net.

Foundation National Competition Scholars

Each year the Sigma Phi Epsilon Educational Foundation presents twenty \$1,000 scholarships to outstanding SigEp undergraduates. Applicants should have a strong academic record, participate in the life of the campus community and be active in leadership positions in the chapter. Applications for this prestigious award are mailed to chapter presidents in January. Applications are accepted until March 15 and recipients are announced by May 1. Awards are presented at the start of the fall semester.



Anthony Carl Balestrieri
Dulin Scholarship
D.C. Alpha Chapter
George Washington University
GPA: 3.45
Chapter President
U.S. Navy ROTC



Nathaniel Woodard Grobe
Clark Scholarship
Illinois Lambda Chapter
Northwestern University
GPA: 3.35
Chapter President
Varsity Soccer Team



John Michael Brock
Georgia Delta Chapter
University of Georgia
GPA: 3.01
Chapter President
NCAA Baseball Team



Joel Frederick Hirschfeld
Stroud Scholarship
Indiana Zeta Chapter
Valparaiso University
GPA: 3.45
Vice President of Finance



Derrick Michael Brouhard
Frost Scholarship
Kansas Beta Chapter
Kansas State University
GPA: 4.00
Vice President of Finance



Klinton Cole Holscher
Utterback Scholarship
Nebraska Gamma Chapter
University of Nebraska - Kearney
GPA: 3.93
Chapter President
Vice President of Finance



Matthew Louis Fabrizio
New York Xi Chapter
University of Rochester
GPA: 3.90
Chapter President
Vice President of Finance



Sean Mansour Kargari
Slater Scholarship
California Sigma Chapter
California State University - Northridge
GPA: 3.24
Chapter President
Order of Omega



Joseph Raymond Fernandez
Florida Gamma Chapter
University of Miami
GPA: 3.72
Vice President of Finance
Vice President of Programming



Steven Reid Miller
Utterback Scholarship
Wyoming Alpha Chapter
University of Wyoming
GPA: 3.63
Chapter President
Vice President of Programming



Robert Charles Gabordi, II
Clark Scholarship
West Virginia Gamma Chapter
Marshall University
GPA: 3.37
Chapter President
Vice President of Programming



David Zachary Moskowitz
North Carolina Epsilon Chapter
Davidson College
GPA: 3.91
Chapter President
Student Government Senator



Vincent Carlo Mozik
Stroud Scholarship
 Michigan Beta Chapter
 Western Michigan University
 GPA: 3.34
 Vice President of Recruitment



Matthew Joseph Naville
Stroud Scholarship
 Indiana Delta Chapter
 Indiana State University
 GPA: 3.85
 Chapter President
 Vice President of Development



Jeffrey Charles Nolz
 South Dakota Alpha Chapter
 South Dakota State University
 GPA: 3.97
 Vice President of Development
 Student Association Senator



Dennis Kekoa Paresa
 Washington Alpha Chapter
 Washington State University
 GPA: 3.68
 Chapter President
 Vice President of Recruitment



Matthew Charles Rodrigue
Sanderson Scholarship
 Maine Alpha Chapter
 University of Maine
 GPA: 4.00
 Chapter President
 President, Student Senate



Scott Kevin Shaw
Clark Scholarship
 Illinois Gamma Chapter
 Monmouth College
 Chapter President



David Jason Sherman
 Florida Epsilon Chapter
 Florida State University
 GPA: 3.50
 Chapter President
 Vice President of Recruitment



Anthony Pelico Thomas
Slater Scholarship
 California Sigma Chapter
 California State University – Northridge
 GPA: 3.80
 Vice President of Recruitment



Bryan Tune
Maechtlen Scholarship
 California Phi Chapter
 California State University at Fresno
 GPA: 3.53
 Chapter President
 Vice President, Order of Omega

The last issue of *The Journal of Sigma Phi Epsilon* was a report on the support the Sigma Phi Epsilon Educational Foundation provides the Fraternity and a 'Thank-You' from the Foundation to its donors. In it, we refer to our donors as *investors* because in a very real way, when you make a donation to the Sigma Phi Epsilon Educational Foundation, you are making an investment in the future.

In this issue of *The Journal*, you read about the Ruck Leadership Institute and The Quest to Greece, programs which the Foundation makes possible; you hear from a Faculty Fellow about a Residential Learning Community, and you see the Leadership Continuum supported by the Foundation. We finish recognizing some of our most outstanding Brothers, the National Competition Scholars. You see where your gifts makes a difference. You see what you can make happen.

Below are the words of Brother **Michael De Angelis, St. Johns University, New York Rho '05**. Michael read the last issue of *The Journal* and sent in his first donation to the Sigma Phi Epsilon Educational Foundation.

"I wake up each morning with the ideals of the Balanced Man in my head, and those ideals guide my decisions throughout the day. I look at the Brothers I love so dearly and at the Fraternity that produces them. When I do that and think of what I have received, a donation is a no-brainer. I hope that many Brothers: past and present, realize what I have: you only get out of Sigma Phi Epsilon what you put in. And I intend to put in whatever I can."

How can we look at all that Sigma Phi Epsilon does to impact the lives of men and not be motivated to invest in this future?

If you are interested in applying for a Foundation Scholarship, please contact D. Britt Dunaway at (804) 353-1901 or britt.dunaway@sigep.net.

CONCLAVE



SAN ANTONIO

AUGUST 13-17

Mark your calendar for
SigEp's Conclave
August 13-17, 2003



Sigma Phi Epsilon
Alumni Association
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Parents: If this issue is addressed to your son who no longer maintains a permanent address at home, please notify Sigma Phi Epsilon of his new mailing address and telephone number.

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NAME (Please Print)

ADDRESS

CITY

STATE

ZIP